



newton community education

Spring 2026 Adult Catalog



Learning That Grows With You And Your Family



NEWTON
PUBLIC SCHOOLS

Superintendent
Dr. Anna Nolin

apr - jun 2026 adult spring

special thanks

We extend our heartfelt thanks to our volunteers, instructors, and generous donors. Your dedication and support make our programs possible, enriching the community through shared learning and connection. We couldn't do it without you!

Special thanks to the following NCE volunteers...

Tyler Allerhand	Emily Hsieh	Julie Plaut Mahoney
Bryce Campbell	Safinah Kasirye	Erica O'Toole
Karen H. Carpenter	Andy Kling	Marie Presti
Anuradha Desai	Diana Krefetz	Sally Rudicel
Leah Garcia	Kay Kyongjin Lee	Poorni Shipman
Deborah Goodman	David Miller	April Stein
Ed Hauben	Nathan Persampieri	Cindy Yu
NCE Commission (Listed below)		

And special thanks to our community partners...

2Life Communities	Knot & Purl
Cooper Center for Active Living	Russian School of Math
Derby Farm Flowers & Gardens	Scandinavian Living Center
Down Under Yoga	The LigerBots
Greater Boston Chinese Cultural Association	Welcome Home



newton public schools

Dr. Anna Nolin, *Superintendent*
Dr. Eugene Roundtree, *Assistant Superintendent*

nce staff

Kate Carpenter Bernier, *Executive Director*
Robin Shaevel, *Adults & Travel*
Sarah Housman, *Kids Innovation & Student Support*
Natasha Padilla-Goddard, *Summer and SY Teens*
Jeannine Phillips, *Operations & Scholarships*
Yesenia Carias, *Bookkeeper*
Arianna Ortiz, *Marketing Designer*

nce commission volunteers

Steve Logowitz, <i>Chair</i>	Marcela Merino
Will Adams	Rielle Montague Barnes
Liz Bouvier	Dr. Eugene Roundtree
Joshua Friedman	Carol Stapleton
Joyce Leonardo (<i>ex-officio</i>)	Claire Wadlington

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Our Mission

Newton Community Education is a self-sustaining arm of Newton Public Schools. Our mission is to build a strong, inclusive community through learning, enrichment, and connection.

contact us

457 Walnut Street Room 101
Newtonville, MA 02460
Email: nce-staff@newton.k12.ma.us
Website: newtoncommunityed.org
Phone: (617) 559-6999
Business Hours: M-F, 9 AM – 5 PM

Scan the QR code to visit our website straight from your phone.



How to Register

Register early! Many classes fill fast and low-enrolled classes may be canceled.

🖥️ To register online, visit newtoncommunityed.org then filter or search for classes.

☎️ To register by phone, call (617) 559-6999 during business hours and let us what your looking for.

You are officially enrolled as soon as your payment is processed and you receive a confirmation email.

We do not offer trial classes or prorated tuition.

If a class you want is full, sign up for the waitlist! We will contact you by email or phone if a spot opens up, and no payment is collected until you officially enroll.

Email/Text Communications

NCE uses email as the primary means of communication to send details such as class reminders, cancellations, parking information, supplies, and teacher updates. ***If you do not receive an email from us, please check your spam and promotions folder and mark us as a safe sender.***

You also have the option to opt-in to receive SMS texts. We will only text important, last minute communications such as weather cancellations or teacher absences, and not for marketing purposes.

Registration Fee

A \$10 non-refundable registration fee is due once per session.

No Class Dates & Alternate Schedules

Classes will not be held during Newton Public Schools vacations or holidays. Some classes may have additional "no class" dates beyond the NPS calendar, these dates will be listed online.

The following no class dates apply to all classes (unless stated otherwise): April 3, April 20-24, May 25, June 19

Financial Assistance

Financial assistance is available for everyone, regardless of age or residency; however priority is given to Newton residents and NPS students. If you have questions, contact us at nce-scholarship@newton.k12.ma.us or visit newtoncommunityed.org/financial-assistance/.

Withdrawals & Transfers

You may withdraw from an adult class up to 3 business days before the start date to receive either a refund (minus a \$15 processing fee) or a credit on your account (no fee).

Withdrawal requests received outside of business hours will be processed on the next business day.

Transfers to another class in the same term are available before the start date for a \$15 processing fee.

Partial refunds are not available for absences or late arrivals. If you would like to transfer your registration to a friend or family member, you must contact NCE before the class begins so we can update the roster.

Changes & Cancellations

NCE reserves the right to change instructors, locations, times, prices due to unforeseen circumstances and/or typographical errors, and cancel under-enrolled classes. Any such changes would be communicated with enrolled students and updated online. Please double check course listings online at newtoncommunityed.org before registering to confirm the class details and schedule. We do not offer refunds for date or instructor changes beyond our control, e.g. rescheduled class dates due to instructor illness or NPS closures (weather).

Online Classes

Your registration in an online class is just for you, please register individually if more than one person will be using your screen. We strongly recommend that you test your meeting platform in advance as we cannot offer refunds for last-minute technical difficulties or late arrivals. The meeting link for an online class is emailed at least a business day before the class starts.

Photo/Video Permissions

We may post photos and videos of students in NCE classes as well as student work in our digital and print materials. Your enrollment in a class indicates your approval of this. To preserve privacy, we do not allow students to take video or audio recordings of our classes (including recordings of online classes).

Accessibility & Student Support

We are committed to an inclusive environment for all students. Please contact us if you have questions, concerns, or requests in regards to accessing our classes.

Gift Certificates

Gift certificates are available in any amount and can be used for any NCE class. Contact us to purchase a gift certificate or learn more.

Class Locations & Addresses

Newton North High School 457 Walnut St.

Newton South High School 140 Brandeis Rd.

Russian School of Math 60 Austin St.

The Cooper Center for Active Living 345 Walnut St.

Golda Meir House 160 Stanton Ave.

Lincoln-Eliot Elementary School 150 Jackson Rd.

GBCCA 437 Cherry St.

All Newton Music School 321 Chestnut St.

Derby Farm Flowers & Gardens 1280 Centre St.

Scandinavian Center 206 Waltham St.

Off-Site Emailed on registration

Online Link sent at least 1 business day before class starts

Visit newtoncommunityed.org/about-us/policies/ to view our full list of policies.

Classes for Adult Learners



REMEMBERING PHIL KAPLAN...

The first time I heard Phil Kaplan play guitar was at a gig in Harvard Square more than 15 years ago. When I hired him to teach for NCE in 2014, I discovered a gifted musician and talented instructor devoted to his craft—thoughtful, intelligent, charming, kind, and wonderfully whimsical. I cherished our email exchanges and learned of his fluency not only in guitar, but in French, harmonica, ukulele, and deep musical knowledge. His students adored him, often gathering beyond class to continue learning. He will be dearly missed.

-Robin Shaevel, *Adult & Travel Programmer*

online learning

- Play the Stock Market Game (pg. 8)
- AI-Powered E-Commerce (pg. 9)
- Chair Yoga (pg. 10)
- Poetic Lyrics: Cohen, Dylan, Mitchell & Simon (pg. 15)

Look for  for other online classes

daytime learning

Newton Community Education is proud to partner with the **Cooper Center for Active Living**, the **Scandinavian Living Center**, **Russian School of Math**, and the **Greater Boston Chinese Cultural Association (GBCCA)** to offer daytime programming throughout Newton.

Look for  for daytime classes.



345 Walnut St. Newtonville, MA 02460



SCANDINAVIAN
LIVING CENTER
206 Waltham St. West Newton, MA 02465



60 Austin St. Newtonville, MA 02460






437 Cherry St. Newton, MA 02465

new classes

- Camera Basics (pg. 7)
- Iyengar Yoga: Level I (pg. 10)
- Homemade Hot Pretzels (pg. 12)
- Travelers Italian (pg. 19)

Look for  for other new classes

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arts, crafts & design

Most arts, crafts & design courses require materials. Check the online listing for full material lists. We suggest you wait until closer to the class start date to buy and keep your receipt in case of cancellations.



Watercolor for Beginners

Experience the joy of watercolor painting! Explore fundamental and advanced techniques through instructor demos and hands-on exercises. Develop your unique style in a relaxed environment that encourages personal expression. Classes include artwork reviews and constructive critiques. New and returning students are welcome. Join us on a creative watercolor journey!

A450-P26 | Jack Neylan | \$299
8 Tuesdays @ Newton South High School
April 7 - June 2 | 7:30 PM - 9:30 PM

A450-P26-2 | Jack Neylan | \$299
8 Wednesdays @ The Cooper Center for Active Living
April 8 - June 3 | 1:30 PM - 3:30 PM

Advancing with Watercolors

If you have some experience with watercolors and drawing and want to grow as a watercolorist, join us. Learn design, composition, and technique through weekly projects. Classes include demonstrations, homework reviews, and practice time. Our sessions encourage individual creativity in a calm, welcoming space.

A722-P26 | Jack Neylan | \$320
8 Wednesdays @ Newton North High School
April 8 - June 3 | 5:30 PM - 7:15 PM

Still Life with Watercolors

Explore landscape and still-life painting using watercolors. We'll sketch and paint flowers, fruits, bowls and vases, to gain an understanding of light, form, and dimension. Through layering and color-mixing exercises, you'll develop skills to capture the unique aspect of transparency in watercolor. We'll also discuss the techniques of great watercolor artists such as Sargent and Turner, and modernists such as Klee and Nolde. New and returning students welcome.

A109-P26 | Jack Neylan | \$265
8 Mondays @ Newton North High School
April 6 - June 8 | 5:30 PM - 7:15 PM

looking for spring kids?

Our Winter & Spring Kids' Classes are published together! Pick up a catalog at our office or explore all our offerings online at newtoncommunityed.org



Learn to Draw!

Anyone can draw-really! Drawing is the most accessible form of visual art, both gratifying and challenging. You'll learn to see and interpret the world through line, shape, texture, composition, shadow, and light. These basics help in painting, illustration, web design, and more. Each week features a new still life, with homework and critiques.

A315-P26 | Jack Neylan | \$315
8 Mondays @ Newton North High School
April 6 - June 8 | 7:30 PM - 9:30 PM

A315-P26-2 | Jack Neylan | \$265
8 Thursdays @ Russian School of Math
April 9 - June 4 | 10:00 AM - 11:30 AM



Learn to Draw: Part II

Ready to take your drawing skills to the next level? If you've taken a drawing class before and want to refine your technique, join us to build confidence and enhance your artistic abilities! Whether you're looking to improve your proportions, shading, or overall composition, this class will help you grow as an artist.

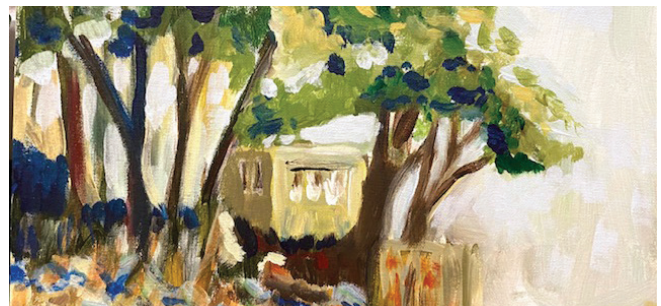
A761-P26 | Jack Neylan | \$249
8 Thursdays @ Russian School of Math
April 9 - June 4 | 12:00 PM - 1:30 PM



Still-Life Drawing

If you've taken our beginner drawing classes or have beyond basic experience and would like to continue your practice, join us! Through instruction, critique, and exercises you will develop a confident understanding of line, shape, form, composition and tonal value. Each week you'll focus on a different element and progress from observing single forms to completing a still life. Group discussions and skill-building homework assignments will round out our transformation to intermediate drawers.

A599-P26 | Jack Neylan | \$265
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 12:00 PM - 1:30 PM



classes for adult learners

arts, crafts & design continued...

Pastel Drawing: Basics to Brilliance

Explore the vibrant world of soft and oil pastels in this all-levels workshop. Learn techniques and creative applications, from foundational skills to advanced methods. Topics include color theory, composition, blending, layering, and texture. Each lesson builds confidence and skill as you create striking artworks.

A230-P26 | Jack Neylan | \$269
8 Wednesdays @ Newton North High School
April 8 - June 3 | 7:30 PM - 9:00 PM

Analyze and interpret artistic works in...

an introduction to the fine arts (pg. 17)

Studio Painting: Acrylic & Oil

After a short demonstration to get you started, you'll work independently, painting in oil or acrylic from an image of your choice. You'll learn about composition, value adjustment, and color-mixing techniques. You'll work at your own pace, developing your own style. At the last class we'll share our accomplishments with an informal display of our work. All levels welcome.

A893-P26-1 | Zhanna Cantor | \$299
8 Mondays @ Newton North High School
April 6 - June 8 | 6:30 PM - 8:30 PM

A893-P26-2 | Zhanna Cantor | \$299
8 Wednesdays @ Newton North High School
April 8 - June 3 | 6:30 PM - 8:30 PM

Botanical Drawing

See the world in a new light and then draw it. Come explore the beauty of botanical drawing, inspired by nature's wonders. From flowers to seed pods, we'll capture organic objects with careful observation. Enhance your drawing skills, mastering shape, texture, and proportion. Leave with a portfolio of fine art or prints. All levels welcome, new and returning students.

A144-P26-C | Jack Neylan | \$265
8 Tuesdays @ Newton South High School
April 7 - June 2 | 5:30 PM - 7:15 PM

no class on NPS holidays

There are no classes on Newton Public Schools vacations, snow days, or holidays. Please visit www.newton.k12.ma.us/calendar for more information.



Colored Pencil Drawing

Explore fine art with colored pencils! Learn blending, layering, color mixing, and shading to create realistic images. Deepen your comprehension of light, color, and value. Classes cover landscapes, still lifes, and more with step-by-step guidance. Basic drawing skills recommended but not required.

A726-P26 | Jack Neylan | \$289
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 10:00 AM - 11:30 AM

Relief Block Printmaking

Did you try linoleum block printing in high school, or maybe you've never had the chance? In this fun and hands-on class, you'll learn to carve and print using rubber-a softer, safer, and easier material than linoleum or wood. Create everything from custom note cards to limited edition artwork while mastering a range of techniques. Whether you're new to printmaking or looking to refine your skills, join us to unleash your creativity, improve your skills, and have a blast!

A939-P26 | Anne Nydam | \$185
4 Tuesdays @ Newton South High School
April 28 - May 19 | 6:30 PM - 8:30 PM

Glass Mosaic Workshop

Discover the joy of glass mosaics! Design and create a colorful decorative panel or a 10" x 10" mirror using sparkling glass, jewels, pebbles, and beads-or learn to cut your own pieces. Session one is all about design and layout; session two brings it to life with grout.
Note: A \$75 materials fee is payable to the instructor. Wear closed-toe shoes. Safety glasses will be provided.

N115-P26 | Michel L'Huillier | \$95
2 Tuesdays @ Newton South High School
April 7 - April 14 | 6:00 PM - 9:30 PM

Glass Artistry: Bouquets & Landscapes

Design your own stunning 8" x 10" tile and learn the basics of fusing while working with powders, frit, confetti, copper, stringers, and glass ribbons. Fired at 1400°F, your design will stay beautifully textured and dimensional. Popular themes include landscapes and flowers, but feel free to explore your own ideas.
Note: A \$95 materials fee is payable to the instructor. Wear closed-toe shoes. Safety glasses will be provided.

N722-P26 | Michel L'Huillier | \$95
1 Tuesday @ Newton South High School
May 5 | 6:30 PM - 8:30 PM

arts, crafts & design continued...



Knitting 101-Beginning & Beyond

Join our multilevel knitting class! Beginners will learn casting on, knitting, purling, and binding off, while experienced knitters can refine their skills and tackle new challenges or gain support for their ongoing projects. Join us to get hooked on knitting and share your work!
Note: Yarn and needles are provided for the first class only. Afterward, please provide your own materials.

Y939-P26 | Kate Murray | \$199
 7 Tuesdays @ Golda Meir House: A 2Life Community
 April 7 - May 26 | 2:00 PM - 4:00 PM



Camera Basics

Whether you're an aspiring photographer, or just want to unlock the full potential of your camera, this course will help you take creative and technical control with fun, simple, and easy-to-understand instructions. You will move past "auto mode", and learn how to confidently control your camera using aperture, shutter speed, and ISO. You'll walk away from this class understanding the key functions and capabilities of your camera, and ready to take much better photos!

A561-P26 | Angelin Li | \$129
 4 Mondays @ Newton North High School
 April 27 - May 18 | 6:00 PM - 7:30 PM

Cabinetmaking & Woodworking

Once you learn the fundamentals of cabinetmaking and woodworking, you can build almost anything. Gain skills in using hand and power tools, safety, and shop navigation. Beginners will create a simple project-like a bookshelf, coffee table, cutting board, or Adirondack chair-chosen with instructor guidance. Returning students advance their skills toward independence.
Note: You supply the wood for your project.

N134-P26-2-C-Z1 | Garrett Tingle | \$455
 8 Mondays @ Newton North High School
 April 6 - June 8 | 6:00 PM - 8:30 PM

N134-P26-1 | Garrett Tingle | \$455
 8 Wednesdays @ Newton North High School
 April 8 - June 3 | 6:00 PM - 8:30 PM

volunteer with us!

We're looking for volunteers to help at day and evening class sites, with social media, and to represent NCE at community events. It's a fun way to connect with others and give back! Call or email us to get involved.

business, career & finance

Building a Lasting Financial Legacy

Are you interested in securing your family's financial future and ensuring your hard-earned wealth benefits generations to come? Join us to learn how to navigate this vital aspect of financial planning. Whether you're just starting or already have a plan, this seminar offers practical insights and actionable steps to help you strengthen your family's financial legacy.

S781-P26 | Deborah Goodman, CFP CPA | \$55
 1 Wednesday @ Newton North High School
 April 29 | 7:00 PM - 8:30 PM

Transitioning into Retirement

Continue your education? Find a part-time job? Start a new hobby? Relax? The options for retired life can be daunting. This class will help you plan for happiness as you enter your next phase. We'll discuss short- and long-term goal-setting, finding a fulfilling part-time job, building or expanding your social network, and generally setting yourself up for success. Get ready for a joyous and productive retirement!

B286-P26 | Herb Fuchs | \$65
 1 Monday @ Newton North High School
 May 18 | 6:00 PM - 9:00 PM

Making the Most of Social Security

Social Security is a significant piece of the retirement puzzle. Discover how to maximize your benefits and align them with your overall strategy. We'll cover changes to Social Security, optimal start dates, spousal and divorcee benefits, buy-back strategies, tax reduction, and part-time work implications. Learn about coordinating with state and federal plans like Windfall Elimination Provisions and Government Pension Offsets. Join us to navigate this complex benefit!

SS20-P26 | Deborah Goodman, CFP CPA | \$49
 1 Tuesday @ Newton South High School
 May 19 | 7:00 PM - 8:30 PM

Basics of Estate Planning

Need a will or wondering if a trust is right for you? Curious about updating your estate plan? Join us to learn about wills, trusts, durable powers of attorney, and health care proxies. We'll also cover minimizing Massachusetts estate taxes and avoiding probate. By the end of the class, you'll have a clear overview of the estate planning process and insights to help you decide which documents you need.

S450-P26 | Rebecca O'Brien | \$59
 1 Wednesday @ Newton North High School
 May 6 | 6:30 PM - 8:30 PM

classes for adult learners

business, career & finance continued...

A First-Timer's Guide to Home- or Condo-Buying

Get an overview of the home-buying process, from finding the right neighborhood and choosing a real estate broker to securing financing and hiring an attorney. Learn the differences between condo and homeowner rights and understand legal documents for each. Learn how to protect your investment and prevent issues like losing your deposit or buying a property with hidden defects such as termites, lead paint, or water damage.

S100-P26 | David Miller | \$59
1 Tuesday @ Newton South High School
April 28 | 6:00 PM - 9:00 PM

Downsizing Made Easy

Considering downsizing but unsure where to start? We'll options like condos, smaller homes, or retirement communities. Learn whether you should sell first and then buy a smaller home, stay in town or move away, and other financial considerations. Empower yourself to make an informed decision when the time comes.

S262-P26 | Marie Presti | \$65
1 Monday @ Newton North High School
April 6 | 6:00 PM - 9:00 PM

Real Estate 101 For Sellers

Gain essential insight into today's real estate landscape for sellers. We'll review national trends, the Greater Boston market, and local town dynamics. Topics include the NAR lawsuit, timing, property and condo considerations, legal issues, choosing an agent, preparing and pricing your home, marketing, negotiation, contracts, closing, and tax implications-so you can sell with confidence.

S982-P26 | Marie Presti | \$105
2 Mondays @ Newton North High School
April 27 - May 11 | 6:00 PM - 9:00 PM

Real Estate 101 for Buyers

Welcome to Real Estate 101 for Buyers-your guide to the world of real estate. Designed for first-time homebuyers and anyone seeking a stronger understanding of the homebuying process, this course covers market trends, financing options, legal considerations, and finding the right property. Learn to craft competitive offers, negotiate effectively, and gain the knowledge and confidence to begin your home-buying journey!

S980-P26 | Marie Presti | \$105
2 Mondays @ Newton North High School
April 27 - May 4 | 6:00 PM - 9:00 PM

learning even more with ed2go!

NCE partners with online education organization ed2go to offer a wide range of online courses, career-training, and certificate programs like...

- Accounting Fundamentals
- Digital Marketing Suite
- Medical Terminology Series
- Supervision & Managing Series
- GED Preparation
- And so much more!

Visit www.ed2go.com/newtoncomed/ or scan the QR code view all ed2go courses and sign up!



Play the Stock Market Game

Imagine starting with \$100K-how would you turn it into a winning portfolio? Compete in a realistic virtual trading platform while learning stocks, risk, diversification, margin, and market research. Explore U.S. markets, charts, global events, and portfolio strategy, then compete statewide in The Stock Market Game™. Beginner friendly!
Note: Zoom access via computer or laptop required.

S319-P26 | Peter Yaffe | \$145
8 Thursdays @ Online
April 9 - June 4 | 7:00 PM - 8:30 PM

Trading in Equity Options

Learn how to trade equity options to manage risk and boost returns. This class covers how options work, key strategies like naked options, spreads, and stock/option combinations, plus risk management, volatility, and adjustments. Perfect for both new and experienced investors looking to expand their trading skills.

B314-P26 | Craig Forman | \$115
4 Wednesdays @ Newton North High School
April 29 - May 20 | 6:00 PM - 8:00 PM



Your Personal Branding & Market Presence

Craft a clear, compelling personal brand that positions you with confidence and credibility. This interactive, multi-session workshop helps professionals define their identity beyond titles, clarify their unique value, and communicate expertise with clarity. Learn to align your brand across LinkedIn, résumés, interviews, and conversations-so your presence is consistent, authentic, and memorable in competitive job markets.

P450-P26 | Edith Moricz | \$85
3 Tuesdays @ Russian School of Math
May 5 - May 19 | 12:00 PM - 1:30 PM

business, career & finance continued...



CPR, AED & First Aid Training

This American Safety and Health Institute (ASHI) Pediatric CPR, AED, and First Aid program provides an ideal training solution for schools, grandparents, Scout Leaders, camp staff, childcare providers, youth sports coaches, parents, and others required to learn how to respond to medical emergencies involving children and infants. Topics covered include: First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult and Pediatric CPR & AED. Two year certification upon successful completion.

Y335-P26-1 | Tyler Allerhand | \$145
1 Wednesday @ Newton North High School
April 8 | 6:00 PM - 9:15 PM

Y335-P26-4 | Tyler Allerhand | \$145
1 Tuesday @ Russian School of Math
May 12 | 10:00 AM - 1:15 PM



AI-Powered E-Commerce: Launch & Supercharge Your Online Shop

Who doesn't love a side hustle? If you want to sell products or services, an eCommerce site can boost your income. This beginner-friendly course shows you how to use AI to find niches, build a site, and market smartly- no coding needed! Learn about domains, hosting, WooCommerce, AI market analysis, and marketing strategies. Get ready to start or grow your online business with confidence!

C599-P26 | Fan Stanbrough | \$55
1 Tuesday @ Online
April 28 | 7:00 PM - 9:00 PM

Dig deeper into artificial intelligence in...
hands-on ai exploration (pg. 12)

donate to our scholarship fund when you register for a class!

Increase access to NCE classes and camps for kids and adults. Demand is high and every bit helps! If you'd like to donate a larger amount, we welcome your generosity. Please visit newtoncommunityed.org/donate or call 617-559-6999 to make a donation.

fitness & dance

Make sure to bring a filled water bottle, sweat towel, exercise/yoga mat (if applicable), and wear proper athletic attire for all fitness & dance classes. View online listing for more details.

Pickleball

Dominate the court as you learn to play the fastest growing sport in the US! Combining tennis, racquetball, and ping pong, this fun game has unique rules. You'll learn through guided instruction, drills, and gameplay.
Note: Bring your own paddle and three pickleballs.

Pickleball: Beginner

Learn to keep score, understand "kitchen" positioning, and master key shots.

D765-P26-2 | Ami Gordon | \$125
5 Wednesdays @ Lincoln-Eliot Elementary School
April 8 - May 13 | 6:00 PM - 7:00 PM

D765-P26 | Ami Gordon | \$125
5 Wednesdays @ Lincoln-Eliot Elementary School
April 8 - May 13 | 7:00 PM - 8:00 PM

Pickleball: Beyond Beginners

Keep learning this fun, social sport! Improve your game with skill practice and technique demos.

D764-P26 | Ami Gordon | \$125
5 Wednesdays @ Lincoln-Eliot Elementary School
April 8 - May 13 | 8:00 PM - 9:00 PM

Gentle Yoga

Guided by our experienced instructor, come relax and reset after a long day. Start with stretching, breathing, and guided relaxation. Learn traditional poses with modifications for all levels. Gain flexibility, strength, and ease in body and mind.

Y617-P26-Z1 | Barbara Perlo | \$189
8 Wednesdays @ Newton North High School
April 8 - June 3 | 6:30 PM - 7:30 PM



TaiChi for Health

Yang Style TaiChi from Huan's Tai Chi, this is a gentle and relaxing exercise. Routines may be learned at any level. Improve balance and general physical functioning, decrease the fear of falling, reduce pain, and achieve greater relaxation.

Y301-P26 | Greer Swiston | \$159
7 Wednesdays @ GBCCA
April 8 - June 3 | 9:15 AM - 10:15 AM

classes for adult learners

fitness & dance continued...

Line Dancing: Boogie to the Groove

Line dancing is a fun way to improve memory, strengthen bones, enhance balance, relieve stress, and boost your mood. Each dance is broken down, demonstrated, and danced to contemporary music you'll enjoy. No partner or experience needed! Line dancing combines physical exercise, social interaction, and mental stimulation.

D213-P26 | Paul Hughes | \$149
6 Tuesdays @ Newton South High School
April 7 - May 19 | 6:00 PM - 7:00 PM

Zumba!

Zumba is full body workout, combining cardio, muscle conditioning, balance and flexibility. Zumba takes the "work" out of workout, by mixing low and high-intensity moves with slow and fast rhythms for an interval-style, dance-fitness party. Once the music starts, you'll see why Zumba classes are often called "exercise in disguise."

D242-P26 | Kimberly Flores | \$169
8 Tuesdays @ Newton South High School
April 7 - June 2 | 7:00 PM - 8:00 PM

Warrior Women Self-Defense

Warrior Women is the top self-defense training program in the Metrowest—custom-built for women by expert instructors. You'll learn essential physical and non-physical skills to help prevent and respond to violence. No experience needed! Those enrolled in the 3-day session will experience a more in-depth and detailed training.

Y781-P26-1 | Allison Manzella | \$59
1 Monday @ Newton North High School
April 13 | 7:30 PM - 9:00 PM

Y781-P26-2 | Allison Manzella | \$129
3 Wednesdays @ Newton North High School
April 29 - May 13 | 7:30 PM - 9:00 PM

Y781-P26-3 | Allison Manzella | \$59
1 Monday @ Newton North High School
May 18 | 7:30 PM - 9:00 PM

Total Body Fitness

Join our balanced low-impact aerobic and resistance training class. Start with a low-impact warm-up, then a focus on upper body work with hand held weights and lower body calisthenics work followed by core work and a soothing stretch. Open to all genders and fitness levels. *Note: Weights are provided, but if you need a weight 8 pounds or less you are encouraged to bring your own.*

D101-P26 | Rosella Carrelli | \$165
8 Mondays @ Newton North High School
April 6 - June 8 | 6:30 PM - 7:45 PM



DOWN UNDER
— SCHOOL OF YOGA —

x nce
scholarships

Would you like to do yoga, but are concerned about cost? Through a partnership with NCE, Down Under is offering a limited number of memberships to teens and adults who qualify. Just apply through our Scholarship link online or contact the NCE office for more details!



DAYTIME
OPTIONS



ONLINE
OPTIONS

Morning Yoga

This class offers a gentle start to your day. We'll begin with stretching, breathing, and guided relaxation, then move on to traditional yoga poses with modifications. You'll practice yogic breathing, improve flexibility, build strength, and find new ways to ease your body and mind. All levels are welcome.

Y101-P26 | Barbara Perlo | \$195
9 Wednesdays @ Online
April 1 - June 3 | 9:00 AM - 10:00 AM



NEW

Iyengar Yoga: Level I

Let's practice Iyengar Yoga, a precise, alignment-focused style that emphasizes safe, mindful movement. This Level I class is ideal for beginners and continuing students. Learn foundational poses through clear instruction, thoughtful sequencing, and the use of props to support strength, flexibility, balance, and awareness. *Note: Feel free to bring a blanket or blocks.*

Y104-P26 | Leah Garcia | \$105
6 Mondays @ Newton North High School
April 13 - June 1 | 6:30 PM - 7:45 PM



DAYTIME
OPTIONS



ONLINE
OPTIONS

Chair Yoga

Welcome to chair yoga, a gentle form of yoga that is practiced sitting in a chair or standing using a chair for support. With compassion, expertise, and humor, our instructor will help you increase strength, flexibility and focus. Find your inner calm and have fun in this class for all levels. *Note: Have a sturdy chair available.*

Y181-P26 | Barbara Perlo | \$195
8 Thursdays @ Online
April 9 - June 4 | 9:00 AM - 10:00 AM

newton community education

food & drink



Chinatown: A Culinary & Cultural Walking Tour

Explore Boston's Chinatown with an expert guide on this immersive walking tour. Begin with a traditional dim sum brunch at a local favorite (not vegetarian or gluten free). Then stroll through the neighborhood to learn its history while visiting shops, bakeries, a Chinese herbal store, and a bustling market.

F280-P26 | Roberta Hing | \$125
1 Saturday @ Boston, Chinatown
May 2 | 10:45 AM - 1:45 PM

Explore more of Boston in...

fenway walking tour (pg. 19)

Chinatown Bakery Favorites: Buns and Bao

Experience the aromas of Chinatown bakeries in this hands-on class! Learn to make three favorites: tender Coconut Buns filled with sweet coconut paste, fluffy Pineapple Buns with a crispy topping, and airy Steamed Barbecue Pork Bao—a dim sum classic. These light buns are perfect portable snacks.

F776-P26 | Roberta Hing | \$105
1 Wednesday @ Boston, Chinatown
April 15 | 6:00 PM - 8:30 PM

Fondant Cake Decorating

Turn your cakes into stunning works of art! In this hands-on class, you'll learn to roll and cover fondant smoothly, create elegant bows, roses, inlays, overlays, and decorative borders. Fondant, cutters, and handouts are yours to keep, and all extra tools are provided.

Note: Bring a 6-8" frosted cake, a box or carrier, and a rolling pin.

F210-P26 | Sandra Frezza | \$109
1 Tuesday @ Newton South High School
April 28 | 6:00 PM - 9:00 PM

Cupcakes in Bloom

Create show-stopping buttercream flowers with ease! In this hands-on class, you'll learn how to use Russian piping tips to pipe stunning floral cupcakes with just one squeeze. Discover color-blending techniques for vibrant, multi-colored blooms. All icing and tools are provided to use in class and take home.

Note: Bring 10-12 unfrosted cupcakes and a carrier.

F301-P26 | Sandra Frezza | \$105
1 Tuesday @ Newton South High School
May 26 | 6:00 PM - 8:30 PM

ADULT SPRING 2026 CATALOG



India's Fermented Foods: Spice & Cultures

Fermented foods are central to Indian cuisine, providing natural probiotics and enhanced nutrition. From dahi (yogurt) to rice-lentil batters like idli and dosa, these staples support gut health and digestion. We'll make dahi, dhokla, dosa with coconut chutney, and finish with rose-scented lassi. Let's get gut healthy—the Indian way!

F812-P26 | Shruti Mehta | \$115
1 Wednesday @ Off-site
April 29 | 6:00 PM - 9:00 PM



The Ayurvedic Kitchen: Cooking for Balance

Ayurvedic cooking is a holistic and mindful approach to food as medicine, designed to balance the body's three doshas—Vata, Pitta, and Kapha. It emphasizes fresh, seasonal, whole ingredients and the six tastes: sweet, sour, salty, bitter, pungent, and astringent. This class introduces healing spices like ginger, turmeric, and cumin to support digestion, immunity, and overall well-being.

F922-P26 | Shruti Mehta | \$105
1 Thursday @ Off-site
April 9 | 6:00 PM - 9:00 PM



Tasting India's Finest Black Teas: Assam and Darjeeling

Discover the rich world of Indian teas in this guided tasting, featuring bold Assam and delicate Darjeeling, the "Champagne of Teas." Dive into tea's lore as we explore their flavors, history, and regional terroir. Enjoy curated samples, premium teas from around the world, and a fun, flavorful journey. Bring a favorite mug if you'd like.

Note: A \$5 fee is due to the instructor.

F101-P26 | Sandeep Hazarika | \$45
1 Tuesday @ Newton South High School
April 7 | 6:30 PM - 8:00 PM



Homemade Hot Pretzels

You don't have to schlep to a NYC street vendor or a busy mall food court for warm, soft pretzels—delicious homemade ones are easier than you think. In this class, you'll mix, shape, and bake pretzels from scratch. As they fill the room with irresistible aroma, we'll chat and prep to enjoy. You'll leave with a tray to share!

Note: Bring containers to take home your pretzels.

F563-P26 | Jeff Klein | \$105
1 Tuesday @ Newton South High School
April 14 | 6:30 PM - 9:00 PM

WWW.NEWTONCOMMUNITYED.ORG 11

classes for adult learners

food & drink continued...

★ NEW

Luxury Tequila

Come learn about this distinctive distillate of the blue agave plant from Jalisco, Mexico. Together, we will sample a range of exceptional tequilas, discuss its history, and learn why so many people love it. Our tasting will start with the brand that introduced ultra-premium tequila to the world: Patron. Then we will move on to some really exciting varieties that show how good tequila can be.

F109-P26 | Robert Lublin | \$115
1 Thursday @ Off-site
April 30 | 7:00 PM - 9:00 PM

★ NEW

Wines of France

You don't have to be a sommelier to learn about French wine! Join us for a relaxed evening of tasting, comparing, and demystifying the wines that made France famous. Learn the difference between Burgundy and Bordeaux, explore left vs. right bank Bordeaux, and taste contrasts like Pouilly-Fuissé vs. Pouilly Fumé. Discover key grapes, styles, and regions as we sip our way through France.

F781-P26 | Robert Lublin | \$115
1 Thursday @ Off-site
May 14 | 7:30 PM - 9:30 PM

science & technology

ONLINE
OPTIONS

AI Use Today

Curious about Artificial Intelligence? Join this beginner-friendly course to uncover how artificial intelligence is changing how we live and work. No tech skills needed-just bring your curiosity! Learn to use AI for writing, design, translation, transcription, video, and more. Includes real-world examples, 5 powerful tools, and a live Q&A.

C809-P26 | Agi Sardi | \$59
1 Wednesday @ Online
April 15 | 6:00 PM - 7:30 PM

Photos on the iPhone

In this introductory class, learn how to use your iPhone camera and manage your photos and videos with confidence. We'll explore camera features, photo storage on your phone versus the cloud, and how the Photos app organizes and customizes images. You'll also learn how to share photos and albums, import images from texts and emails, and send photos by email or text.

C328-P26 | Howard Loewinger | \$89
2 Wednesdays @ Newton North High School
April 29 - May 6 | 7:00 PM - 9:00 PM

ONLINE
OPTIONS

Hands-on AI Exploration

Curious about AI but not sure where to start? This hands-on course blends learning and creativity as you explore AI tools for writing prompts, images, music, and more. You'll start with clear, beginner-friendly lessons, try simple browser-based tools, and share your work as you go. Discover how AI can support your ideas, projects, and self-expression. No tech background needed. If you can use Google and Zoom, you're ready to join.

C899-P26 | Agi Sardi | \$195
5 Tuesdays @ Online
April 7 - May 12 | 6:00 PM - 8:00 PM

Use AI for Small Business in...

ai-powered e-commerce (pg. 9)

★ NEW

ONLINE
OPTIONS

AI in Action: Stop Chatting. Start Building.

Move beyond Q&A into Vibe Coding-where if you can describe it, you can build it. Learn to create AI agents that plan trips, manage projects, automate hustles, organize data, or build games using plain English. With no-code tools like Google AI Studio, Replit, and Hugging Face, you'll build real apps and a personal capstone project-a working tool designed by you, for you.

Prerequisites: 30+ hours of AI experience, familiarity with Chat GPT, Gemini, and other AI, and the ability to prompt AI to generate data such as text and images

C115-P26 | Agi Sardi | \$199
5 Mondays @ Online
April 6 - May 11 | 3:00 PM - 5:00 PM

Advanced Photo Management on Apple Devices

Designed for those experienced with iPhone or iPad photography, we'll cover organizing photos, creating and sharing albums, iCloud syncing, and editing tools. The second class explores the Mac Photos app, including smart albums and projects like slideshows and prints. *Note: Bring your iPhone/iPad to the first class and, if possible, a MacBook to the second; otherwise, the tips apply to a desktop Mac.*

C320-P26 | Howard Loewinger | \$95
2 Wednesdays @ Newton North High School
May 20 - May 27 | 7:00 PM - 9:00 PM

tabletop games

Bridge Play of Hand

This course is designed for players who already feel comfortable with basic bidding and card play and are ready to step into tournament bridge. We'll focus on practical techniques to gain that extra trick, make smarter scoring decisions, and recognize when a sacrifice bid can produce a better result. The class is ideal for players looking to transition from social play to competitive, while refining both declarer play and bidding judgment.

Z104-P26 | Selen Hotamisligil | \$299
5 Mondays @ Newton North High School
April 13 - May 18 | 6:00 PM - 8:00 PM

register early

We decide whether a class will run before it starts—and your registration can make the difference. Some fill fast, so don't wait to save your spot!



Mah Jongg

Mah Jongg is a strategic tile-based game that uses “suits” like rummy. It might seem complicated, but once you play you'll be hooked! Plus, Mah Jongg is a great way to keep your brain active and meet new people!

Note: Bring a current Mah-Jongg card from nationalmahjongleague.org or mahjonggmaven.com.

Mah Jongg for Beginners

Learn basic moves and winning strategies, then play again and again as your improve with each game.

Z118-P26-1 | Beth Rosenblatt | \$145
4 Mondays @ Newton North High School
April 6 - May 4 | 6:00 PM - 7:30 PM

Z118-P26 | Beth Rosenblatt | \$145
4 Mondays @ Newton North High School
April 6 - May 4 | 7:30 PM - 9:00 PM

Z118-P26-6 | Laurie Probststein | \$175
4 Tuesdays @ Russian School of Math
April 7 - May 5 | 10:00 AM - 12:00 PM

Mah Jongg Drop-In

Come together to expand your circle, and practice your Mah Jongg skills in this community-building play session.

Z903-P26 | Beth Rosenblatt | \$75
4 Mondays @ Newton North High School
April 6 - May 4 | 7:00 PM - 9:00 PM

Z903-P26-8 | Laurie Probststein | \$75
4 Tuesdays @ Russian School of Math
April 7 - May 5 | 10:00 AM - 12:00 PM

Z903-P26-5 | Laurie Probststein | \$75
5 Tuesdays @ Newton South High School
April 7 - May 12 | 6:30 PM - 8:30 PM



Canasta

Canasta is a fast-paced partner rummy-style card game that will sharpen your memory, improve concentration, and provide positive and lively social interactions!

Canasta for Beginners

Through small group games, you'll learn the rules, strategies, and scoring of Canasta. You'll start building your melds of three or more cards to earn bonuses.

R111-P26-1 | Margie Glou | \$175
6 Tuesdays @ Newton South High School
April 14 - May 26 | 5:30 PM - 7:00 PM

Canasta Drop-In

Come together to expand your circle, and practice your Canasta skills in this community-building play session.

R890-P26 | Laurie Probststein | \$75
5 Tuesdays @ Russian School of Math
April 7 - May 12 | 10:00 AM - 12:00 PM

Z118-P26-4 | Laurie Probststein | \$175
5 Tuesdays @ Newton South High School
April 7 - May 12 | 6:30 PM - 8:30 PM

Z118-P26-7 | Laurie Probststein | \$175
5 Wednesdays @ Newton North High School
April 8 - May 13 | 6:30 PM - 8:30 PM

Z118-P26-3 | Laurie Probststein | \$175
5 Thursdays @ Russian School of Math
April 9 - May 14 | 10:00 AM - 12:00 PM

Z903-P26-9 | Laurie Probststein | \$75
5 Wednesdays @ Newton North High School
April 8 - May 13 | 6:30 PM - 8:30 PM

Z903-P26-7 | Laurie Probststein | \$75
5 Thursdays @ Russian School of Math
April 9 - May 14 | 10:00 AM - 12:00 PM

classes for adult learners

languages

Most language courses have multiple levels. To take a higher level language course, you should have completed the previous level or have comparable experience. If you are unsure of what level you are, contact us. There may be a required book for your class, view online listing for full details.



Spanish

Come ready to have fun en Español! Through in-class readings, discussions, and exercises you'll build your conversational, written, and spoken fluency in one of the most spoken languages in the world.

Spanish: Beginner I

Learn introductions, the verb "to be," gender and number in nouns, and present tense conjugation for regular verbs. We'll also cover vocabulary like fruits, vegetables, primary colors, and professions as we practice Spanish phonetics.

L989-P26-3 | Jean Llanes-Thays | \$240
8 Thursdays @ Russian School of Math
April 9 - June 4 | 11:30 AM - 1:00 PM

Spanish: Beginner II

You've passed through beginner Spanish and are ready to learn more. You'll sharpen your conversational, writing, and speaking skills while you improve your vocabulary.

L787-P26 | Massimo Laurora | \$240
7 Thursdays @ Russian School of Math
April 9 - June 4 | 12:00 PM - 1:30 PM

Spanish: Beginner III

Time to learn about adjectives, adverbs, conditional, progressive, and compound tenses. You'll sharpen your conversational, writing, and speaking skills while you improve your vocabulary.

L100-P26 | Massimo Laurora | \$240
7 Thursdays @ Russian School of Math
April 9 - June 4 | 10:15 AM - 11:45 AM

Spanish: Intermediate

Review the preterit indicative, reflexive verbs, and object pronouns. Learn to conjugate stem-changing -ar, -er, and -ir verbs in present and preterit tenses, use imperfect vs. preterit, and form the future tense.

L568-P26 | Massimo Laurora | \$240
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 10:00 AM - 11:30 AM

American Sign Language

Learn to speak the most commonly used language among deaf people in the U.S. In ASL, you use your hands, facial expressions, and body postures to communicate.

American Sign Language I

Join us for an introduction to ASL concepts, basic vocabulary, and grammar. This is a full immersion class so there will be no speaking with our voices. All communication will be done by signing, so get ready to talk with your hands!

L104-P26 | Martha O'Brien | \$179
8 Wednesdays @ Newton North High School
April 8 - June 3 | 6:00 PM - 7:00 PM

American Sign Language II

Build on your ASL knowledge as you develop vocabulary, learn more advanced grammar, and study deaf culture.

L103-P26 | Martha O'Brien | \$179
8 Wednesdays @ Newton North High School
April 8 - June 3 | 7:15 PM - 8:15 PM



Italian

Ready to roll your R's and say ciao with confidence? Our classes help you develop practical conversation skills and deepen your connection to Italian culture.

Italian: Beginner II

You'll further develop your language skills through readings and in-class conversations.

L110-P26 | Massimo Laurora | \$240
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 11:30 AM - 1:00 PM

Italian: Beginner III

Refine your grammar, expand your vocabulary, and perfect your pronunciation-so you can speak with ease and confidence.

L467-P26 | Massimo Laurora | \$240
8 Mondays @ Newton North High School
April 6 - June 8 | 6:00 PM - 7:30 PM



Traveler's Italian

Learn some useful Italian phrases and cultural tips for your upcoming trip to Italy, or just for fun. In this engaging class, you'll learn some basic travel terms and vocabulary, and gain insights into what life is like in Italy today.

L567-P26 | Massimo Laurora | \$240
8 Mondays @ Newton North High School
April 6 - June 8 | 7:30 PM - 9:00 PM

languages continued...



French

Bonjour! Learn French, the most romantic language in the world! Through each level, you'll improve your grammar and pronunciation, enlarge your vocabulary, gain confidence, and discover french culture!

French: Beginner I

In this beginner class, we'll speak, listen, read and write in French about a variety of topics including numbers, nationalities, leisure activities, family and professions, basic directions, ordering from a menu, while discovering the present tense.

L102-P26-5 | Mariam Zaki | \$320
6 Mondays @ Newton North High School
April 6 - June 1 | 6:30 PM - 8:30 PM

L102-P26-1 | Susan Tessier | \$249
8 Wednesdays @ Online
April 8 - June 3 | 7:00 PM - 8:30 PM

L102-P26-2 | Jean Llanes-Thays | \$320
8 Thursdays @ Russian School of Math
April 9 - June 4 | 10:00 AM - 11:30 AM

French: Beginner II

Build on what you learned in Beginner I through conversations and written exercises. We will continue to build our vocabulary with an emphasis on popular greetings, travel terms, weather, and other verb tenses.

L223-P26 | Sophie Repiton of Global Child | \$225
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 11:00 AM - 12:30 PM

French: Beginner IIV

Emphasis will be on useful, everyday words and phrases, as well as more advanced verb tenses as you prepare to advance into intermediate french.

L140-P26-5 | Sophie Repiton of Global Child | \$225
8 Tuesdays @ Russian School of Math
April 7 - June 2 | 9:30 AM - 11:00 AM

Bon Voyage: Intermediate French & Beyond

We'll focus on speaking through applied grammar and spaced repetition to boost recall. Improve your pronunciation through reading and speaking.

L243-P26 | Lionel Claris | \$225
8 Mondays @ Online
April 6 - June 8 | 10:30 AM - 12:00 PM

ADULT SPRING 2026 CATALOG



Conversational Chinese

This course focuses on practical spoken and basic reading skills in Mandarin Chinese. Students learn essential vocabulary, common phrases, and simple sentence structures through interactive dialogues, role-plays, and reading exercises. Emphasis is on building confidence in everyday conversations and understanding basic written texts. Perfect for beginners with no prior experience.

L988-P26 | Greer Swiston | \$165
7 Wednesdays @ GBCCA
April 8 - June 3 | 10:30 AM - 11:30 AM

home & garden



Spring Bird Walks

Get outdoors and learn how to identify up to 25 bird species commonly found in our neighborhoods, wetlands, and forests. Naturalist Michele Grzenda will demonstrate field identification techniques using both sight and sound. This easy-to-moderate walk is designed for beginner and intermediate birdwatchers. While we can never guarantee sightings of specific species, you will enjoy getting outside and exploring our local area. No binoculars? No problem-our instructor has a limited number of pairs available.

R573 | Michele Grzenda | \$55
1 Thursday @ Off-site
May 21 | 7:00 AM - 9:00 AM



Backyard Bird Song Identification

Have you ever wondered whether that "tweet" is from a cardinal or a chickadee? Join us to learn the language spoken by our feathered friends. Our birding expert will begin with a few basic bird songs as a reference, then expand your repertoire through repetition and practice. You'll learn the different types of sounds birds make, why they make them, and explore common bird songs heard in Massachusetts. Each class will focus on approximately 10-15 different birds.

R571-P26 | Michele Grzenda | \$79
2 Thursdays @ Online
May 7 - May 14 | 7:00 PM - 9:00 PM

financial aid

Financial aid is available for all who qualify under NPS Income Guidelines. Apply at newtoncommunityed.org/financial-assistance. Questions? Email nce-scholarship@newton.k12.ma.us.

classes for adult learners

home & garden continued...

Everything You Need to Know about Auto Repair

Ever heard a strange sound in your car and wondered what's wrong? Want to enter the auto repair shop with confidence? Bruce Gerry, aka "Dr. Tuneup," a mechanic with 40+ years of experience, makes auto repair fun and easy. Learn basic maintenance and how to troubleshoot fluids, electrical, brakes, and exhaust. Diagnose common vehicle issues and become the go-to car expert for your friends and family!

G984-P26 | Bruce Gerry | \$105
3 Tuesdays @ Newton South High School
May 5 - May 19 | 6:00 PM - 8:00 PM

Fearless Flower Arranging

If you love flowers and want to learn how to create gorgeous arrangements for your home, this is a fabulous introduction to floral design. With an abundant selection of flowers to choose from, learn techniques and basic design principles from experts. Leave with the confidence to create gorgeous flower arrangements on your own.

Note: Bring your own garden scissors or shears.

G903-P26-5 | Lucinda Chrislip | \$109
1 Thursday @ Derby Farm Flowers & Gardens
April 30 | 5:30 PM - 6:30 PM

Summer Garden Kickstart

Get your garden ready for success this spring! Before the trees bloom, it's the ideal time to prepare your garden beds. Our instructor will cover seeding wildflowers, using compost and fertilizer, adding mulch, and pruning for a neat, healthy garden. This off-site class is open to gardeners of all levels, from novice to experienced.

Note: Interested in volunteering your yard/garden as the location? Contact jeff@coplanting.com.

G555-P26 | Jeff Klein | \$65
1 Wednesday @ Newton (Exact Location TBD)
April 8 | 4:00 PM - 6:00 PM

Taming June Gardens

By June, your yard may be buzzing with insects, full of color, and feeling overwhelming. Don't fret! This class covers what and how to prune, natural ways to suppress weeds, and simple design tips. The discussion follows student interests, so bring photos and curiosity.

Note: Interested in volunteering your yard/garden as the location? Contact jeff@coplanting.com, especially if you have diverse perennials and shrubs.

G325-P26 | Jeff Klein | \$65
1 Wednesday @ Newton (Exact Location TBD)
June 3 | 4:00 PM - 6:00 PM

music & theater arts

Act Up! Improv Workshop

Step into the world of improvisational acting, where performances unfold with little to no preparation. Learn core improv principles through dynamic games and guided exercises as you create original, unscripted scenes in the heat of the moment. Along the way, you'll sharpen your quick-thinking skills, boost creativity, and build lasting confidence in public speaking. Come ready to laugh, connect, and surprise yourself!

M701-P26 | Shiyabade Animashaun | \$195
8 Wednesdays @ Newton North High School
April 8 - June 3 | 6:30 PM - 8:30 PM

Klezmer Music Ensemble

Originally a blend of "klay" and "zemer," klezmer means instruments of song and is the traditional music of Eastern European Ashkenazi Jews. It's typically played for dancing at joyous events like weddings and bar mitzvahs. From the start of class, we'll be playing and singing, so bring your instrument and get ready to have fun! We'll also explore some Hebrew and Jewish-American music beyond the klezmer genre. All levels and instruments are welcome!

Note: Bring your instrument of choice to class.

M346-P26 | Barry Shapiro | \$289
8 Thursdays @ Golda Meir House: A2Life Community
April 9 - June 4 | 7:00 PM - 9:00 PM

Guitar Fundamentals

With a basic intro to guitar, you can play and sing your favorite songs! This class covers chords, riffs, arpeggios, strumming, fingerpicking, rhythm, and harmony. You'll also learn to read lead sheets and guitar tablature used in songbooks.

Note: Bring an acoustic guitar, blank manuscript paper with tablature lines, pencils, guitar picks, trimmed nails on your fretting hand, and decent nails on your strumming hand.

M136-P26 | Yoni Gordon | \$195
8 Mondays @ Newton North High School
April 6 - June 8 | 7:30 PM - 8:25 PM

Guitar II

Building on Fundamentals I, this class is perfect for advanced-beginner players. Move beyond cowboy chords and simple strumming to explore rhythms and riffs based on what you've learned. Develop your sound, perfect your chords, and master strumming techniques. This ongoing class is for those with some guitar experience. Grab your guitar and let's play!

M893-P26 | Yoni Gordon | \$195
8 Mondays @ Newton North High School
April 6 - June 8 | 8:30 PM - 9:30 PM

newton community education

music & theater continued...

★ NEW

Sing Broadway Show Tunes

If you sing in the car, love Broadway musicals, or step up to the mic on Karaoke nights, this class is for you. We will sing together loud and proud to whatever songs we're in the mood for. Solos are encouraged, but not required! Song selections will come from our favorite movie and musical soundtracks—from Wicked to Mamma Mia! to Hamilton. Come share your love of singing and have fun!

M103-P26 | Cynthia Sanger | \$189
8 Wednesdays @ Lincoln-Eliot Elementary School
April 8 - June 3 | 7:30 PM - 8:45 PM

★ NEW

NCE Chorus

Discover the joy of singing in a chorus where voices blend and confidence grows. Learn vocal technique and music-reading while exploring pop, folk, classical, and musical theater. Whether you're new to singing or a seasoned chorister, come make music together in harmony!

M123-P26 | Rebecca Matte | \$189
8 Tuesdays @ Newton South High School
April 7 - June 2 | 7:00 PM - 8:30 PM

history, literature & the arts

★ NEW

DAYTIME OPTIONS

An Introduction to the Fine Arts

Explore the worlds of visual art, dance, and music—and the creative processes behind them. In this engaging class, you'll learn the core elements of each discipline, strengthen your skills in analyzing and interpreting works, and discover the connections that unite the fine arts. Whether you want to expand your artistic knowledge or spark a new passion, you'll find inspiration here.

M104-P26 | Rita Moerschel | \$185
4 Mondays @ All Newton Music School
April 13 - May 11 | 10:30 AM - 12:00 PM

Screenwriting 101

Learn the skills needed to draft a full-length feature film screenplay from a 25-year writing veteran. Includes a mix of instruction, workshoping, theory, and practice, plus homework to develop and nurture the talents needed to make your splash in the entertainment business. Novice and expert writers welcome.

H451-P26 | Brad Abraham | \$189
8 Wednesdays @ Newton North High School
April 8 - June 3 | 6:30 PM - 7:30 PM

ADULT SPRING 2026 CATALOG

ONLINE OPTIONS

Robert Frost: American Poet & Philosopher

Robert Frost, one of America's most celebrated poets, transformed personal tragedy and everyday life into profound verse. Together, we'll explore his world and a selection of his poems, with special attention to two often-misunderstood works: "Stopping by Woods on a Snowy Evening" and "The Road Not Taken."

H771-P26 | Tracy Marks | \$85
2 Tuesdays @ Online
April 28 - May 5 | 6:45 AM - 8:45 PM

★ NEW

ONLINE OPTIONS

Poetic Lyrics: Cohen, Dylan, Mitchell & Simon

Have you been moved by the lyrics of Leonard Cohen, Bob Dylan, Joni Mitchell, or Paul Simon? We'll lead and discuss dozens of their songs, discover new favorites, explore their poetic craft, and share your reactions. We'll listen to selected tracks and consider how the music deepens the meaning of the lyrics as we celebrate the poetry of song.

H101-P26 | Tracy Marks | \$125
4 Tuesdays @ Online
May 12 - June 2 | 6:45 PM - 8:45 PM

★ NEW

History of Feminism and Witchcraft

Discover how women's power has been shaped by spirituality across history. This class traces feminism and witchcraft from ancient Mesopotamian goddesses and queens, through the 1880s spiritualist movement and the first woman to run for president, to today's pagan revival and ongoing fight for equality, autonomy, and rights. Perfect for seekers, scholars, and the curious.

P234-P26 | Laura Campagna | \$55
1 Tuesday @ Newton South High School
May 19 | 7:00 PM - 9:00 PM

Learn magic of your own in ...

planetary magic (pg. 20)

The JFK Assassination: Conspiracy or Lone Gunman?

On November 22, 1963, President John F. Kennedy was assassinated—but was Lee Harvey Oswald really the lone gunman? His CIA connections, mysterious travels, and place on the FBI watchlist suggest otherwise. Sixty-two years later, secrets still remain locked away. Join this class to uncover hidden evidence, challenge the official story, and decide for yourself what really happened in Dallas.

H981-P26 | Anthony Patelis | \$119
6 Wednesdays @ Newton North High School
April 29 - June 3 | 6:00 PM - 7:00 PM

classes for adult learners

wellness & mindful living

Stress Less: Learn to Meditate

Reduce stress and improve your health through meditation. Learn strategies for integrating meditation into your daily work and life. We'll practice over 10 powerful techniques including breath focus, body-scan relaxation, standing and walking meditation, Tai-Chi and Qigong basics, sound and mantra meditation, visualization, and mindfulness. By the end of class, you'll be equipped to practice anytime and anywhere, instantly benefiting from reduced stress.

P470-P26 | Richard Geller | \$89
4 Tuesdays @ Newton South High School
April 7 - May 5 | 7:00 PM - 8:00 PM

Meditation & Stress Reduction

We live in an age of unprecedented progress-yet stress, anxiety, and uncertainty are more widespread than ever. Join this inspiring course, to discover practical mindfulness tools, empowering ways of thinking, and guided meditations from the Buddha's teachings to cultivate calm, resilience, and fearlessness amid life's challenges.

P909-P26 | Gen Kelsang Khedrub | \$89
3 Tuesdays @ Newton South High School
May 5 - May 19 | 7:00 PM - 8:00 PM

Continue to meditate your stresses away in...

iyengar yoga (pg. 10)



Mindfulness & Your Spiritual Practice

Mindfulness is everywhere today, but its spiritual roots are often overlooked. Join this class to experience the core teachings of Insight and Loving kindness through guided meditation, practice, and Q&A. Open to new and experienced practitioners. Some meditation experience is helpful. Please wear comfortable clothing.

P797-P26 | Ed Hauben | \$99
4 Thursdays @ Scandinavian Center
April 9 - May 7 | 10:30 AM - 11:30 AM

don't see what you're looking for?

We love hearing from community members! If you reach out with interests and help with enrollment, we'll program a class. Email us at nce-staff@newton.k12.ma.us to start!



Reiki Level I Certification

Join us to become a Reiki professional or learn Reiki for self-healing and for friends, family, or pets. Learn traditional hand positions, receive attunements, practice giving a full Reiki treatment, and receive one yourself. We'll cover licensing, ethics, hygiene, and malpractice insurance. Enrollment includes Intro to Reiki and Reiki Level 1 Certification.

Y140-P26 | Rita Beckman | \$199
2 Tuesdays @ Russian School of Math
April 28 - May 5 | 10:00 AM - 1:00 PM

Introduction to Intuitive Tarot

Tarot is a method of divination that connects us to our deeper self and expands our imagination into new realms of possibility. This Introduction to Intuitive Tarot class is designed to build confidence in listening to and trusting your intuitive guidance. Explore essential life questions, strengthen your sense of grounding and self-trust, and align with the path unfolding before you.

P124-P26 | Laura Campagna | \$135
4 Wednesdays @ Newton North High School
April 29 - May 20 | 7:00 PM - 8:30 PM



Planetary Magic: Lights of Your World

Join us for an introduction to astrology class that uses your birth chart as a portal to planetary magic. We will explore your Sun, Moon and Rising to identify your special days of the week and practices that will enchant your daily routines and imbue your week with magic.

Note: Bring your date, time, and place of birth to this event so that you can explore your own birth chart

P905-P26 | Laura Campagna | \$55
1 Tuesday @ Newton South High School
May 5 | 7:00 PM - 9:00 PM

Overcoming & Understanding Procrastination

Tired of putting things off? In this hands-on workshop, you'll learn why your brain delays some tasks, not others, and discover your personal patterns. You'll reframe procrastination as a natural brain response-not a personal flaw-and explore the neuroscience behind this behavior. Through simple exercises and a self-kind action plan, you'll find a way to tackle tasks without guilt and finally make progress-at your own pace.

P103-P26 | Laura Mutch | \$105
2 Mondays @ Newton North High School
May 4 - May 11 | 6:30 PM - 8:30 PM

travel & tours



Discover Back Bay: A Walking Tour

Back Bay has been called, with Washington, DC, “the outstanding achievement in American city planning of the nineteenth century.” Learn how Charles River wetlands became a prestigious neighborhood. Explore Boston’s showpiece street, Commonwealth Avenue, Newbury Street, and Copley Square, walk in the footsteps of Victorian figures like Isabella Stewart Gardner, and discover brownstones, landmark architecture, and green spaces that shaped Boston and reflect its will to be among the world’s great cities.

TR102-P26 | Jim O’Connell | \$55
 1 Sunday @ Boston, Backbay
 April 12 | 1:00 PM - 3:00 PM

Get delicious bites and tour more of Boston in...
chinatown: a culinary & cultural walking tour (pg. 11)



Explore Fenway on Foot

See Boston’s Fenway like never before! Join a walking tour from Kenmore Square to check out the MGM Music Hall, Boston Arts Academy, 401 Park with Time Out Market, and recent biotech developments. Stroll Boylston & Brookline Ave and discover Olmsted’s Emerald Necklace to examine the recent uncovering of the Muddy River.

TR104-P26 | Jim O’Connell | \$55
 1 Sunday @ Boston, Kenmore Square
 May 17 | 1:00 PM - 3:00 PM



Walking Through Time: Downtown Boston

Step into the layers of downtown Boston-from its colonial port and the Great Fire of 1872 to early office towers and today’s skyline. Walk State Street, Broad Street, Post Office Square, the Greenway, and Washington Street. Explore post-Covid redevelopment, new projects like High Street Place, Winthrop Place, and South Station Tower, and the future of converting offices into homes.

TR103-P26 | Jim O’Connell | \$55
 1 Sunday @ Boston, Downtown
 May 31 | 1:00 PM - 3:00 PM

ADULT SPRING 2026 CATALOG

Upcoming Out-of-State & International Trips

Discover the joy of exploring new destinations with our exciting travel opportunities! All of our trips are land-only, providing you with the flexibility to plan your own flights. We highly recommend purchasing travel insurance to ensure peace of mind throughout your journey.

Journey Through Germany

September 2026

Discover Germany's past and present as we visit Berlin, Nuremberg, Dresden, and Saxony. Walk the Berlin Wall, explore Museum Island, and confront the history of WWII, the Holocaust, and post-war Germany. Marvel at palaces, world-class art, and historic streets while reflecting on Germany's history. Fully guided with first-class rail travel, curated excursions, and more.

The Nashville–Memphis Experience

October 2026

Feel the heartbeat of America through legendary music, powerful civil rights history, authentic Southern cuisine, and unforgettable cultural moments. From the bright lights of Nashville to the soulful streets of Memphis, this journey brings the stories, sounds, and flavors of the South to life.

Vietnam Adventure (Optional: Cambodia Extension)

February 2027

Discover the beauty, history, and soul of Vietnam as we travel through Hanoi, Halong Bay, Hue, Hoi An, and Ho Chi Minh City. Cruise through dramatic seascapes, wander lantern-lit historic towns, explore imperial temples and royal citadels, and experience everyday life along the Mekong Delta. Along the way, we'll connect with local artisans, savor regional cuisine, and uncover centuries of culture shaped by tradition and resilience.

Interested? Join Us!

Full details and additional dates coming soon. Visit our website at newtoncommunityed.org or and sign up for the travel interest list to be the first to know when new trips are available!



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Thank you to Bank of America, the George & Louise J. Hauser Charitable Trust, The Hamilton Company, The Village Bank, the Rebecca Pomroy Foundation, the Newton Athletic Association, and all our individual donors for their generous donations to our scholarship fund.

Your support makes a difference! Help us grow our scholarship fund so more community members can take part in NCE programs. Contact us to learn to help!

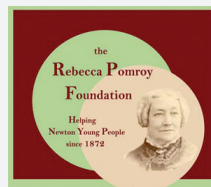


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