



newton community education

Fall 2025 Catalog



NEWTON
PUBLIC SCHOOLS

Superintendent
Dr. Anna Nolin

sept - dec 2025 fall catalog

letter from the executive director

Dear NCE Community Members,

As we go to print, I am pleased to say that your local community ed is thriving. We have a balanced budget, increased enrollment, and exceptional staff and instructors. We thank this unique community—NCE students and families, city councilors, PTOs, NPS staff, and school committee members—for rallying to support programming that grows with you and your family, from kindergarten to retirement!

Whether it's chatting at a village day, volunteering to teach a class, participating in market research, or registering for a class, we appreciate you. Here's to another great season of growth and community.

See you in class!



Kate Carpenter Bernier
Executive Director
Newton Community Education of Newton Public Schools
Learning that grows with you and your family

*This season we'd like to extend a special remembrance for Barbara and Philip Carvey,
beloved parents of NCE staff member Sarah Housman.*



newton public schools

Superintendent
Dr. Anna Nolin

commission

Steve Logowitz, *Chair*
Will Adams
Liz Bouvier
Joshua Friedman
Joyce Leonardo (*ex-officio*)
Marcela Merino
Rielle Montague Barnes
Dr. Eugene Roundtree
Carol Stapleton
Claire Wadlington

Asst. Superintendent
Dr. Eugene Roundtree

nce staff

Executive Director
Kate Carpenter Bernier

Program Team
Robin Shaevel, *Adults & Travel*
Sarah Housman, *Kids Innovation*

Operations Team
Jeannine Phillips
Yesenia Carias

Marketing Designer
Arianna Ortiz

newton community education

special thanks

We extend our heartfelt thanks to our volunteers, instructors, and generous donors. Your dedication and support make our programs possible, enriching the community through shared learning and connection. We couldn't do it without you!

Special thanks to the following NCE volunteers...

Susan Albright	Debra Hall	Bianca R. Sullivan
Tyler Allerhand	Ed Hauben	Adithya Subramanian
Zamo Barnabas	WPS Institute	Julia Saczynski
Linda Barros	Safinah Kasirye	Reeha Sita
Sofia Barros-Frazier	Andy Kling	Jeffrey Sacks
Becket Bernier	Evan Kushner	Anping Shen
Ike Bode Sojobi	Blayne Lopes	Mathaios Stamm
Karen H. Carpenter	Renne Lu	April Stein
Andrew Charlotin	Jayden Lubars	David Stolow
Deneise Charlotin	Jake Lyons	Bora Tuna
Anuradha Desai	Donnette McDonald	Janae Turner
Nate Dieudonne	Sophia Mozaffarian	Banu Unluer
Brandon Estrada	Amelia Oliver	Olivia Weber
Deborah Goodman	John Oliver	Ed Wertheim
Arnie Greenfield	Alicia Piedalue	Yaffa Wilner
Lorenzo Grimaldi	Marie Presti	Julian Zakak

before you register

How to Register



To register online, visit newtoncommunityed.org then filter or search for classes you'd like.



To register by phone, call (617) 559-6999 during business hours and let us know what class you're trying to register for.

Information May Be Updated

Dates, times, and other details may be updated after this catalog goes to press. Please double check course listing online at newtoncommunityed.org before registering.

Registration Fee

A \$9 registration fee is charged once per session for classes that meet more than once.

You do not pay the fee for single-meeting classes—unless you also register for another class in the same session. Registration fees are non-refundable.

No Class Dates & Alternate Schedules

Classes will not be held during Newton Public Schools vacations or holidays. For details, visit www.newton.k12.ma.us/calendar. Some classes may have additional "no class" dates beyond NPS vacations and holidays. These dates will be listed in the descriptions.

The following no class dates apply to all programs:

- September 23
- October 2
- October 13
- November 4
- November 11
- November 26 - 28
- December 24 - January 2
- January 19
- February 16 - 20
- April 3
- April 20-24
- May 25
- June 19

2025 FALL CATALOG

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Our Mission

Newton Community Education is a self-sustaining arm of Newton Public Schools. Our mission is to build a strong, inclusive community through learning, enrichment, and connection.

Contact Us

Newton North High School
457 Walnut Street Room 101
Newtonville, MA 02460
Email: nce-staff@newton.k12.ma.us
Website: newtoncommunityed.org
Phone: (617) 559-6999
Business Hours: M-F, 9 AM – 5 PM

Scan the QR code to visit our website straight from your phone.



Classes for Adult Learners

Minimum age is 16 for most Adult classes



online learning

Play the Stock Market Game (pg. 10)

Morning Yoga (pg. ?)

Robert Frost: America's Philosopher-Poet (pg. 19)

Italian: Beginner II (pg. 21)

Finding Love Through Online Dating (pg. 23)

Look for  **for other online classes**

daytime learning

Tai Chi for Health! (pg. 12)

Canasta for Beginners (pg. 16)

Lincoln: The Man and the Myths (pg. 18)

Spanish: Beginner I (pg. 20)

Bike Repair & Maintenance (pg. 24)

Look for  **for other daytime classes.**



new classes

Silk Expressions (pg. 7)

Make Your Own Journal: Create, Capture & Inspire (pg. 9)

Career Clarity: Rebranding Your Next Chapter (pg. 11)

Warrior Women Self-Defense (pg. 12)

The JFK Assassination: Conspiracy or Lone Gunman (pg. 18)

Look for  **for other new classes**



MEET THE ADULTS & TRAVEL PROGRAM COORDINATOR

Robin Shaevel joined NCE in 2010, inspired by her passion for community, creativity, and education. With a background in film and journalism, she has worked at CNN and loves fostering learning in Newton. She enjoys photography, travel, and time with her family and Bernedoodle, Olive.

daytime learning

Newton Community Education is proud to partner with the **Scandinavian Living Center**, **Russian School of Math**, and the **Greater Boston Chinese Cultural Association** (referred to as GBCCA in course listings) to offer daytime programming throughout Newton.

Look for  **for daytime classes throughout the catalog**



The Scandinavian Center
206 Waltham St, West Newton, MA 02465



Russian School of Math
60 Austin St, Newtonville, MA 02460



Greater Boston Chinese Cultural Association
437 Cherry St, Newton, MA 02465

Course Name	Days	Pg.
Arts & Crafts		
Learn to Draw!	Thur	6
Botanical Drawing	Thur	6
Fitness & Dance		
Tai Chi for Health	Wed	12
Morning Yoga (<i>Online</i>)	Wed	13
Chair Yoga (<i>Online</i>)	Thur	13
Games & Strategy		
Canasta for Beginners	Tue	16
Canasta Play Time	Tue or Thur	16
Mah Jongg for Beginners	Wed or Thur	16
Mah Jongg Play Time	Tue or Thur	16
Humanities		
Lincoln: The Man and the Myths	Thur	18

Course Name	Days	Pg.
Languages		
Conversational English Online Class (<i>Online</i>)	Thur or Fri	19
Conversational Chinese	Wed	19
French: Beginner I	Thur	20
Bon Voyage: Intermediate French & Beyond (<i>Online</i>)	Mon	20
French: Beginner III	Thur	20
Spanish: Beginner I	Thur	20
Spanish: Intermediate I	Tue	20
Italian: Beginner II (<i>Online</i>)	Mon	21
Italian: Beginner III	Thur	21
Lifestyle & Wellness		
Bike Repair & Maintenance	Sat	24
Newton's Farm Tour—Growing Food & Community	Sat	24
Travel & Tours		
Boston Walking Tours	Sun	26



classes for adult learners

arts & crafts

Some classes require materials, as noted in the description or online. We suggest you wait until closer to the class start date to buy and keep your receipt in case of cancellations.



Learn to Draw!

Jack Neylan

Anyone can draw—really! Drawing is the most accessible form of visual art, both gratifying and challenging. You'll learn to see and interpret the world through line, shape, texture, composition, shadow, and light. These basics help in painting, illustration, web design, and more. Each week features a new still life, with homework and critiques.

A315-F25 | \$289

8 Tuesdays @ Newton South High School
5:30 PM – 7:15 PM | September 30 - December 2

A315-F25-1 | \$299

8 Thursdays @ Russian School of Math
10:00 AM – 12:00 PM | October 9 - December 4

Learn to Draw: Part II

Jack Neylan

Ready to take your drawing skills to the next level? If you've taken a drawing class before and want to refine your technique, join us to build confidence and enhance your artistic abilities! Improve your proportions, shading, or overall composition and grow as an artist.

A499-F25 | \$299

8 Wednesdays @ Newton North High School
7:30 PM – 9:15 PM | October 8 - December 3

Charcoal Portraiture

Jack Neylan

Draw portraits that capture both likeness and personality! Use charcoal to explore line, shadow, and modeling techniques to create expressive portraits. Our instructor will guide you through facial anatomy and proportions, and help you create a master copy of portraits by John Singer Sargent or Nicolai Fechin. Get personalized feedback to elevate your skills and achieve your art goals!

A371-F25-5 | \$225

8 Mondays @ Newton North High School
5:30 PM – 7:00 PM | September 29 - November 24

don't see what you're looking for?

We love hearing from community members! If you reach out with interests and help with enrollment, we'll program a class. Email us at nce-staff@newton.k12.ma.us to start!



Watercolor for Beginners

Jack Neylan

Learn fundamental and advanced techniques through instructor demos, hands-on exercises, and constructive critiques. Develop your unique style in an environment that encourages personal expression. New and returning students are welcome.

A450-F25 | \$299

8 Wednesdays @ Newton North High School
5:30 PM – 7:15 PM | October 8 - December 3

Advancing with Watercolors

Jack Neylan

This class is perfect if you have some watercolor or drawing experience and want to continue to develop your skills. Learn design, composition, and technique through weekly projects, demonstrations, homework reviews, and practice time. This class encourages individual creativity. New and returning students are welcome.

A722-F25 | \$299

8 Mondays @ Newton North High School
7:15 PM – 9:15 PM | September 29 - November 24



Botanical Drawing

Jack Neylan

See the world in a new light and then draw it. Come explore the beauty of botanical drawing, inspired by nature's wonders. From flowers to seed pods, we'll capture organic objects with careful observation. Enhance your drawing skills, mastering shape, texture, and proportion. Leave with a portfolio of fine art or prints. All levels welcome, new and returning students.

A144-F25 | \$225

8 Thursdays @ Zervas Elementary School
7:45 PM – 9:15 PM | October 9 - December 4

A144-F25-1 | \$245

8 Thursdays @ Russian School of Math
10:00 AM – 12:00 PM | September 30 - December 2

art & crafts continued...

Studio Painting: Acrylic & Oil

Zhanna Cantor

After a short demonstration to get you started, you'll work independently, painting in oil or acrylic from an image of your choice. You'll work at your own pace, developing your own style as you learn about composition, value adjustment, and color-mixing techniques. At the end, we'll share our work with an informal gallery. All levels welcome. *Note: A materials list is available online.*

A893-F25-5 | \$320

8 Mondays @ Newton North High School

6:30 PM – 8:30 PM | September 29 - November 24

Acrylic Painting

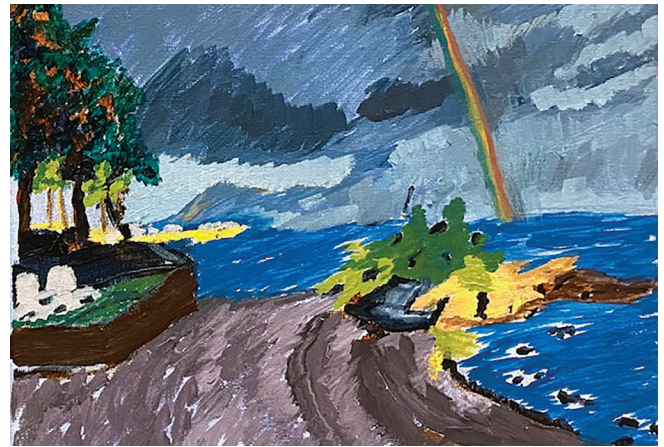
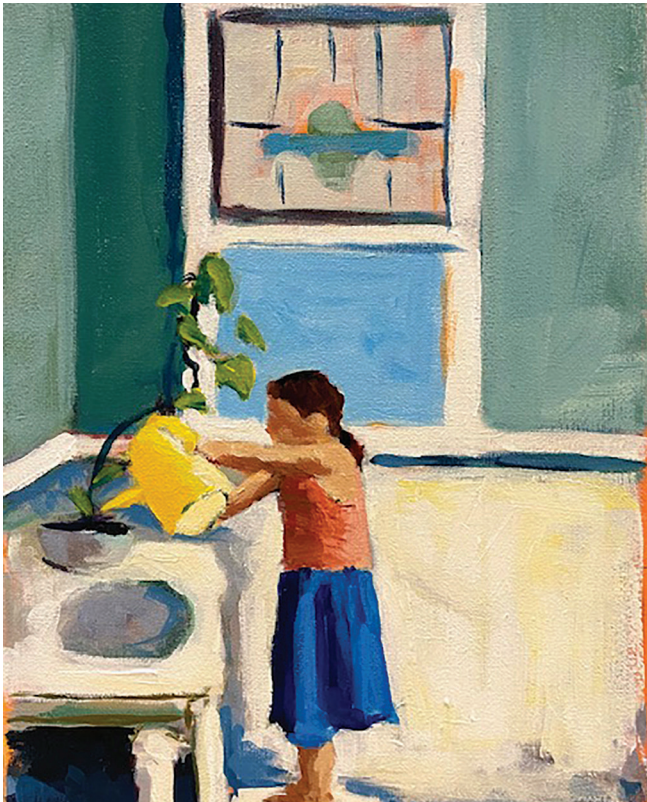
Jack Neylan

Artists love acrylic paints for many reasons: they're water-based (no toxic solvents), dry fast, and offer versatile effects. Learn foundational skills like setting up your palette, color mixing and theory, and composition. Classwork includes exercises in observational painting from still lifes, photos, and portraits.

A190-F25-5 | \$299

8 Tuesdays @ Newton South High School

7:30 PM – 9:30 PM | September 30 - December 2



Landscape Painting

Zhanna Cantor

Using acrylic or oil, craft original artworks from images of open fields, sea, rocks, or woods. Our instructor will share their tips & tricks on composition, value adjustment, and color mixing techniques. Work at your pace, developing your unique style. Showcase your achievements in an informal display at the last class. All levels welcome.

A152-F25-5 | \$320

8 Wednesdays @ Newton North High School

6:30 PM – 8:30 PM | October 8 - December 3

Pastels: Basics to Brilliance

Jack Neylan

Explore the vibrant world of soft and oil pastels in this workshop for all skill levels. Learn techniques, applications, and creative possibilities, from basics to advanced methods. Topics include color theory, composition, blending, layering, and texturing. Each lesson helps you build skills to create stunning artworks.

A493-F25-5 | \$255

8 Thursdays @ Zervas Elementary School

6:00 PM – 7:30 PM | October 9 - December 4



Silk Expressions

Nicole Danson

Learn silk painting with dyes! Begin by painting a silk sun catcher on a hoop using watercolor and resist techniques for stained-glass effects. Next, hand-paint a silk scarf with steam-set dyes, experimenting with color blending, ombré, resist, salt, and alcohol effects. Finally, create a silk painting on a wooden stretcher frame. *Note: \$70 materials fee payable to the instructor in the first class.*

N915-F25 | \$145

3 Tuesdays @ Newton South High School

6:30 PM – 9:00 PM | November 18 - December 2

classes for adult learners

art & crafts continued...

Glass Fusing: Sushi Set

Michel L'Huillier

Design and create a sushi set with glass fusing. You will learn how to use glass powders, stringers, and frits as you have fun playing with shapes, colors, and textures. Your sushi set may consist of a big square plate (8" x 8"), long channel plate (4" x 13"), two individual dishes (6" x 6"), and/or one deep dipping sauce dish (3" x 3"). Use your custom creations for sushi, cheese and crackers, desserts, and more! *Note: A \$155 materials fee for the basic set is payable to the instructor at the time of the workshop.*

N878-F25 | \$89

1 Tuesday @ Newton South High School
6:30 PM – 9:30 PM | October 7



Glass Fusing: Menorah & Mezuzah

Michel L'Huillier

Learn glass fusing basics as you craft Judaica. Experiment with glass sheets, frits, powders, glass cutting, and stringers as you design a Menorah (with guidance on candle cup placement), a mezuzah with a ceramic fiber mold for the scroll space (scroll not included), and a "shin" symbol. *Note: \$145 materials fee payable at class start.*

N785-F25 | \$89

1 Tuesday @ Newton South High School
6:30 PM – 9:30 PM | November 18

Painting Through Glass

Irina Tolmach

Glass painting is a very unique and meditating type of painting. Vivid, bright and translucent colors help you to create beautiful paintings on the framed glass. Flowers, landscape, still life—try to create any of those with a new type of media. You can choose one 8x10, 8x8 or 5x7 frame. No experience necessary—you just need to allow yourself to enjoy that colorful adventure. *Note: Supplies provided.*

N905-F25 | \$95

1 Wednesday @ Newton North High School
6:30 PM – 8:45 PM | November 5

Handmade Harvest: Autumn Wreaths

Lucinda Chrislip, Derby Farm Flowers & Gardens

In this hands-on class, you'll learn easy techniques to craft a wreath using dried flowers, foliage, and accents like pine cones, acorns, or other natural finds. A perfect way to add an original, autumnal flair to your decor! *Note: Supplies are provided but feel free to bring garden scissors, shears, or personal touches.*

G896-F25 | \$99

1 Tuesday @ Off-site
5:30 PM – 6:30 PM | October 7

Handcrafted Soaps

Jeff Klein

The first soaps were likely made by accident—lard spilled on a cooking fire, reacting with wood ash. While saponification has since been perfected, the basics are the same. Join us to learn two soap-making techniques using coconut, olive, and palm oils, plus optional additives like shea butter and lavender. You'll make 10+ bars to pamper yourself or give as gifts. *Note: Bring a large mixing bowl.*

N151-F25 | \$165

2 Wednesdays @ Newton North High School
6:30 PM – 9:00 PM | November 12 - November 19

Vintage Designer Costume Jewelry

Yaffa Willner

Do you have costume jewelry passed down from your mother or grandmother? These pieces may be worth more than you think! Join us as we explore vintage and designer costume jewelry while learning how to identify unique designer markings. Bring your favorite pieces—you might uncover hidden value and discover treasured gems!

A742-F25 | \$59

1 Tuesday @ Newton South High School
6:30 PM – 8:30 PM | October 28

Grow a Garden in Glass

Lucinda Chrislip, Derby Farm Flowers & Gardens

Terrariums are self-regulating, miniature ecosystems in glass containers. Design your own lush landscape and take home a beautiful piece of nature to brighten your space. We'll provide plants, soil, stones, a container, and tools. Feel free to bring your own container, gardening gloves, and snips. It's a creative way to reconnect with nature!

N817-F25 | \$99

1 Tuesday @ Off-site
5:30 PM – 6:30 PM | October 28

art & crafts continued...

Cabinetmaking & Woodworking

Garrett Tingle & Michael Gimbrere

Once you've learned the fundamentals of cabinetmaking and woodworking, you can build almost anything. Learn the proper use of both hand and power tools, safety precautions, and how to navigate in a woodworking environment. Beginning students will learn the basics by fabricating a modest project, such as a bookshelf, coffee table, cutting board, or Adirondack chair. The project will be decided on by the group with instructor guidance. Returning students will build on their acquired skills and work towards independence as they progress through the program. *Note: You supply the wood for your project. A materials list will be discussed in class.*

N134-F25 | \$425

8 Wednesdays @ Newton North High School
6:00 PM – 8:30 PM | October 8 - December 3

N134-F25-1 | \$425

8 Mondays @ Newton North High School
6:00 PM – 8:30 PM | September 29 - November 24

Relief Block Printmaking

Anne Nydam

Did you try linoleum block printing in high school, or maybe you've never had the chance? In this fun and hands-on class, you'll learn to carve and print using rubber—a softer, safer, and easier material than linoleum or wood. Create everything from custom note cards to limited edition artwork while mastering a range of techniques. Whether you're new to printmaking or looking to refine your skills, join us to unleash your creativity, improve your skills, and have a blast!

A939-F25 | \$185

4 Tuesdays @ Newton South High School
6:30 PM – 8:30 PM | October 7 - October 28



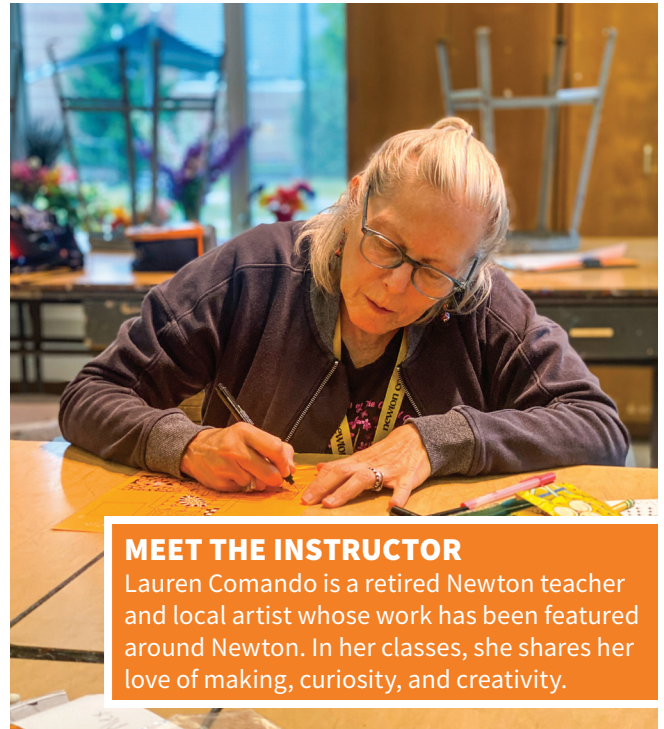
Meditative Art

Lauren Comando

Start slow and create amazing, non-representational art with Zentangle®—a relaxing form of meditation. Using simple lines, build complex black ink patterns on white tiles, guided step-by-step. Add shading to make your designs pop. No erasers, no mistakes—just mindful creativity. All levels welcome! *Note: A \$5 materials fee is payable to the instructor in class.*

N872-F25 | \$119

3 Tuesdays @ Newton South High School
6:00 PM – 8:00 PM | November 18 - December 2



MEET THE INSTRUCTOR

Lauren Comando is a retired Newton teacher and local artist whose work has been featured around Newton. In her classes, she shares her love of making, curiosity, and creativity.



Make Your Own Journal: Create, Capture & Inspire

Lauren Comando

Creating a journal by hand is a rewarding and fulfilling experience. In this workshop, you will learn to craft a 20-page, double-stitched pamphlet book featuring a durable batik cover and an optional innovative closure—all completed in a single session. Whether you use it as a handmade notebook for reflections, creative notes, life documentation, task organization, lists, or daily journaling, your journal will be a truly unique creation. *Note: A \$5 materials fee is payable to the instructor in class.*

N477-F25-2 | \$65

1 Monday @ Newton North High School
6:30 PM – 8:30 PM | November 3

business & finance



Buying Real Estate with Self-Directed IRAs

Marie Presti

Are you thinking about using retirement funds to invest in real estate? This course introduces Self-Directed IRAs (SDIRAs) and how to leverage them for long-term wealth through real estate. Learn the essential rules, benefits, risks, and practical steps to get started. Whether new or experienced, gain the knowledge to diversify your retirement portfolio with real estate investments.

B871-F25 | \$65

1 Monday @ Newton North High School
6:00 PM – 9:00 PM | November 17

Real Estate 101 for Buyers

Marie Presti

Welcome to Real Estate 101 for Buyers, your essential guide to navigating the exciting world of real estate! This course is designed for first-time homebuyers and anyone looking to enhance their understanding of the process. You'll explore key topics, including market trends, financing options, the home buying process, legal considerations, and how to find the right property. Learn to craft competitive offers and navigate negotiations effectively. By the end, you'll be equipped with the knowledge and confidence to embark on your home buying journey. Join us to turn your real estate dreams into reality!

S980-F25 | \$95

2 Mondays @ Newton North High School
6:00 PM – 9:00 PM | October 20 - November 3
No class October 27

Real Estate 101 for Sellers

Marie Presti

This course offers a vital understanding of the real estate landscape, perfect for sellers. You'll explore national market trends, gain insights into the Greater Boston area, and analyze local town dynamics. Key topics include the NAR lawsuit's impact, optimal transaction timing, property types, condo considerations, and legal aspects. We'll cover selecting a listing agency, prepping your home, pricing strategies, marketing techniques, and negotiation. Learn about purchase agreements, post-contract responsibilities, closing procedures, and tax implications. Join us to gain the confidence to navigate the real estate market successfully!

S982-F25 | \$95

2 Mondays @ Newton North High School
6:00 PM – 9:00 PM | October 20 - October 27

register early

We decide whether a class will run before it starts—and your registration can make the difference. Some fill fast, so don't wait to save your spot!

A First-Timer's Guide to Home- or Condo-Buying

David Miller

Get an overview of the entire home-buying process, from finding the right neighborhood and choosing a real estate broker to securing financing and hiring an attorney. Learn the differences between condo and homeowner rights and understand legal documents for each. This class will help you protect your investment and avoid crises like losing your deposit or buying a property with hidden defects such as termites, lead paint, or water damage.

S100-F25 | \$59

1 Wednesday @ Newton North High School
6:00 PM – 9:00 PM | November 12

learning even more with ed2go!

NCE partners with online education organization ed2go to offer a wide range of online courses, career-training, and certificate programs like...

- Accounting Fundamentals
- Digital Marketing Suite
- Medical Terminology Series
- Supervision & Managing Series
- GED Preparation
- And so much more!

Visit www.ed2go.com/newtoncomed/ or scan the QR code view all ed2go courses and sign up!



Play the Stock Market Game

Peter Yaffe

Imagine you're handed \$100K—how would you turn it into a winning portfolio? Arm yourself with the knowledge you need to make informed investment decisions by examining various aspects of the U.S. financial markets, types of investment products, investment research, use of stock charts, impact of global events. Then you'll learn about finding possible investments, managing risk, building a portfolio, and how the news affects the stock markets. Finally, you'll show off what you've learned as you compete against your classmates and other groups across the state in a life-like online simulated trading platform. No experience needed!

S319-F25 | \$159

8 Thursdays @ Online
7:00 PM – 8:30 PM | October 9 - December 4

business & finance continued...



Career Clarity: Rebranding Your Next Chapter

Edith Moricz

Make your next career move with clarity and confidence. This interactive course helps you turn your skills, experience, and passions into a focused job search plan. Learn to build a standout LinkedIn profile, revamp your resume, ace interviews, and tap into support networks. Gain proven tools and strategies to pivot careers, re-enter the workforce, or find more meaningful work.

B891-F25-7 | \$125

3 Tuesdays @ Newton South High School
6:30 PM – 8:00 PM | October 14 - October 28



Mediation Workshop: Conflict Resolution Training

Ed Wertheim

Build real-world conflict resolution skills and learn from an experienced mediator and professor. Gain practical tools to manage disputes, practice core mediation techniques, improve communication, and enhance your professional value through instruction and role-play.

B982-F25 | \$79

1 Monday @ Newton North High School
6:00 PM – 9:00 PM | October 20

Basics of Estate Planning

Rebecca O'Brien

Need a will or wondering if a trust is right for you? Curious about updating your estate plan? Join us to learn about wills, trusts, durable powers of attorney, and health care proxies. We'll also cover minimizing Massachusetts estate taxes and avoiding probate. By the end of the class, you'll have a clear overview of the estate planning process and insights to help you decide what's best for you.

S450-F25 | \$49

1 Tuesday @ Newton South High School
6:30 PM – 8:30 PM | October 14



I liked that Rebecca actually introduced me to the subject matter and made time to answer ALL questions - it wasn't just a forum for her to get more business. And she provided handouts!



Preserving Your Legacy: Intergenerational Wealth Transfer Made Simple

Deborah Goodman, CFP, CPA

Are you interested in securing your family's financial future and ensuring your hard-earned wealth benefits generations to come? Join us as we discuss how to navigate this complex but vital aspect of financial planning. Whether you're just starting to think about intergenerational wealth planning or have an existing plan in place, this seminar will empower you to take control of your family's financial legacy. You will leave this class with valuable insights and actionable steps to assess and strengthen your financial plan for the next generation.

S781-F25 | \$49

1 Tuesday @ Newton South High School
7:00 PM – 8:30 PM | October 28

Making the Most of Social Security

Deborah Goodman, CFP, CPA

Discover how to maximize your social security benefits and align them with your overall retirement plan. We'll cover changes to Social Security, optimal start dates, spousal and divorcee benefits, buy-back strategies, tax reduction, and part-time work implications. Learn about coordinating with state and federal plans like Windfall Elimination Provisions and Government Pension Offsets.

S220-F25 | \$49

1 Tuesday @ Newton South High School
7:00 PM – 8:30 PM | November 18

Transitioning into Retirement

Herb Fuchs

Continue your education? Find a part-time job? Start a new hobby? Relax? The options for retired life can be daunting. This class will help you plan for happiness as you enter your next phase. We'll discuss short- and long-term goal-setting, finding a fulfilling part-time job, building or expanding your social network, and setting yourself up for the best years of your life!

B286-F25 | \$65

1 Wednesday @ Newton North High School
6:00 PM – 9:00 PM | October 22

donate to our scholarship fund when you register for a class!

You can donate to our need-based scholarship fund when you register for a class. Every little bit helps! If you'd like to donate a larger amount, we welcome your generosity. Please visit newtoncommunityed.org/donate or call 617-559-6999.

fitness & dance

Come Back to Dance

Kate Bresee

If you danced in high school or college, or took a break from dance, this Modern Dance class will get you moving! Start with stretching, strengthening, breathwork, and body alignment. Then progress to spatial combinations and dance to rock, jazz, and classical music. Express your creativity through movement. Wear comfortable clothes; we'll dance barefoot or in comfy shoes.

D290-F25 | \$125

6 Tuesdays @ Newton South High School
6:30 PM – 7:30 PM | October 14 - December 2

Total Body Fitness

Rosella Carrelli

Join our balanced low-impact aerobic and resistance training class. Start with a 15-minute low-impact warm-up, then a focus on our upper and lower body with hand held weights and calisthenics followed by core work and a soothing stretch. Open to all fitness levels.

D101-F25-2 | \$185

8 Mondays @ Newton North High School
6:30 PM – 7:45 PM | September 29 - November 24

Line Dancing: Boogie to the Groove

Paul Hughes

Line dancing is a fun way to improve memory, strengthen bones, enhance balance, relieve stress, and boost your mood. The instructor will breakdown and demonstrate each step, then you'll dance to contemporary music you'll enjoy. No partner or experience needed—this activity is for everyone! Line dancing combines physical exercise, social interaction, and mental stimulation, offering a full-body workout for mind and body.

D213-F25 | \$145

6 Tuesdays @ Newton South High School
6:00 PM – 7:00 PM | September 30 - November 18



DOWN UNDER
— SCHOOL OF YOGA —

x nce
scholarships

Would you like to do yoga, but are concerned about cost? Through a partnership with NCE, Down Under is offering a limited number of memberships to teens and adults who qualify. Just apply through our Scholarship link online or contact the NCE office for more details!

Self Defense: Budo Tai-jutsu

Eitan Nussbaum

Budo Tai-jutsu, or Ninjutsu, is a martial arts system from nine ancient Japanese traditions. Our classes blend unarmed techniques, weapon training, and strategies for handling multiple assailants. Learn natural movements, resilience, and self-confidence in a supportive, full-contact environment. All levels welcome.

P818-F25 | \$199

8 Tuesdays @ Newton South High School
8:30 PM – 9:30 PM | September 30 - December 2

★ NEW

Warrior Women Self-Defense

Allison Manzella

Warrior Women is the top self-defense training program in the Metrowest—custom-built for women by expert instructors. Taught by Sensei Allison Manzella, this Wednesday night class teaches essential physical and non-physical skills to help prevent and respond to violence. Open to all women ages 16 and up—no experience needed! Warrior Women offers a fun, supportive environment, realistic and safe training, and tools every woman should know. Bring your female friends and family!

Y781-F25-5 | \$165

4 Wednesdays @ Newton North High School
7:30 PM – 9:00 PM | October 8 - October 29

DAYTIME
OPTIONS

Tai Chi for Health

Greer Swiston

Yang Style TaiChi from Huan's TaiChi, this is a gentle and relaxing exercise. Routines may be learned at any level. Improve balance and general physical functioning, decrease the fear of falling, reduce pain, and achieve greater relaxation.

Y301-F25 | \$175

8 Wednesdays @ GBCCA
9:15 AM – 10:15 AM | October 8 - December 3

fitness & dance continued...

Gentle Yoga

Barbara Perlo

Guided by our experienced instructor, come relax and reset after a long day. We'll stretch our muscles, gain flexibility, and relax our bodies & mind with traditional yoga poses (with modifications as needed) and guided breathing. *Note: Bring a yoga mat, and water bottle.*

Y617-F25 | \$175

8 Wednesdays @ Newton North High School
6:30 PM – 7:30 PM | October 8 - December 3

“

Barbara is a great instructor, she is so positive and gives us all the confidence to try out new poses and push ourselves a little further each time.

”



Morning Yoga

Barbara Perlo

Start your day off right with stretching, breathing, and guided relaxation, then move on to traditional yoga poses with modifications. You'll practice yogic breathing, improve flexibility and strength, and discover new ways to ease your body and mind. All levels are welcome. *Note: Bring a yoga mat, and water bottle.*

Y101-F25 | \$195

10 Wednesdays @ Online
9:00 AM – 10:00 AM | October 1 - December 3



Chair Yoga

Barbara Perlo

Welcome to chair yoga, a gentle form of yoga that is practiced sitting in a chair or standing using a chair for support. With compassion, expertise, and humor, our instructor will help you increase strength, flexibility and focus. Find your inner calm in this class for all levels.

Y181-F25 | \$185

9 Thursdays @ Online
9:00 AM – 10:00 AM | September 25 - December 4

financial aid

Financial aid is available for all who qualify under NPS Income Guidelines. Apply at newtoncommunityed.org/financial-assistance. Questions? Email nce-scholarship@newton.k12.ma.us.

Pickleball: Beginner

Ami Gordon

Keep learning this fun, social sport! Improve your game with skill practice and technique demos. Instruction includes drills and gameplay. *Note: Bring a paddle and three indoor balls. See online listing for recommended indoor balls and paddles.*

D765-F25-1 | \$149

6 Thursdays @ Zervas Elementary School
6:15 PM – 7:15 PM | October 9 - November 13

D765-F25-2 | \$149

6 Thursdays @ Zervas Elementary School
7:15 PM – 8:15 PM | October 9 - November 13

Pickleball: Beginners-Beyond Beginner

Ami Gordon

Keep learning this fun, social sport! Improve your game with skill practice and technique demos. Instruction includes drills and gameplay. *Note: Bring a paddle and three indoor balls. See online listing for recommended indoor balls and paddles.*

D764-F25-3 | \$149

6 Thursdays @ Zervas Elementary School
8:15 PM – 9:15 PM | October 9 - November 13

Pickleball Lessons: Individuals or Groups

Brad Singer

Join us for Pickleball lessons! Novice or seasoned, we cater to your skill. Enjoy tailored sessions (up to four people) at an indoor court in Needham/Newton. Learn fundamentals, dinks, serves, drops and more. Enroll for up to eight classes at a time.

D781-F25 | \$80 per hour, group discounts available
@ Off-site

On Your Own Schedule | September 29 - November 25



food & drink

Cake Decorating

Sandra Frezza

Learn the art of cake decorating and create a masterpiece better than store-bought! Get step-by-step instructions on making buttercream frosting, leveling, filling, and frosting your cake. Master techniques like stars, rosettes, shells, and flowers. You'll also learn piping tips for perfect pressure. You'll leave with a beautifully designed cake to impress, along with the skills to create more at home! *Note: Bring a single-layer unfrosted cake (6, 7, or 8-inch round) and a cake carrier.*

F698-F25 | \$95

1 Tuesday @ Newton South High School
6:00 PM – 9:00 PM | October 7



Deck the Cookies: Christmas Sugar Cookie Decorating

Sandra Frezza

Get into the holiday spirit with a festive decorating class! Perfect for beginners and cookie lovers of all levels, you'll learn how to flood sugar cookies with royal icing to create beautifully smooth, professional designs.

F618-F25 | \$95

1 Tuesday @ Newton South High School
6:00 PM – 9:00 PM | December 2



Autumnal Cupcake Bouquet

Sandra Frezza

Create a stunning fall floral arrangement—made of cupcakes! Learn to pipe mums, sunflowers, petal flowers, and a carnation to craft a 7-cupcake bouquet. You'll also build the bouquet structure. *Note: Bring 7 unfrosted cupcakes and a box that fits a 7" cake circle to take home your edible masterpiece.*

F508-F25 | \$95

1 Tuesday @ Newton South High School
6:00 PM – 9:00 PM | November 18

Creepy Cupcakes

Sandra Frezza

Get into the Halloween spirit with this frightfully fun cupcake class! Learn to decorate spooky treats using buttercream to create pumpkins, mummies, monsters, spider webs, and eerie eyeballs. Take home decorating tools, tips, bags—and your creepy cupcake creations! *Note: Bring 10-12 unfrosted cupcakes and a box or carrier.*

F717-F25 | \$89

1 Tuesday @ Newton South High School
6:00 PM – 8:30 PM | October 28

Twist & Taste: Challah, Rugelach & Mandel Delights

Jeff Klein

Discover the art of making classic challah—perfect for sandwiches and French toast. Then master crowd-favorite rugelach and crunchy mandel bread (like biscotti). With hands-on guidance and plenty to take home, you'll create irresistible, freshly baked treats that make any occasion extra special. *Note: Bring a large mixing bowl and some Ziploc bags to take dough home.*

F245-F25 | \$95

1 Tuesday @ Newton South High School
6:00 PM – 9:00 PM | October 14



Bowled Over, Indian Style

Shruti Mehta

Let's make simple, vegetarian, and tasty Indian bowls! We'll start with a wholesome bowl of yellow dal with steamed rice and sautéed cauliflower. Then we'll make the more elaborate Ragda-Patties, consisting of spiced yellow peas, potato patties, chutneys, and chaat masala.

F990-F25 | \$115

1 Thursday @ Off-site
6:00 PM – 9:00 PM | October 16

food & drink continued...

★ NEW

Wines of Portugal

Robert Lublin

Let's give Portuguese wine the appreciation it deserves. Portugal's fourteen wine regions grow a variety of grapes, producing wines in many styles. These wines are often surprisingly affordable, as many haven't discovered their full potential. We'll explore Portugal's top wines, including the country's flagship grape, Touriga Nacional, well-aged Tawny Port, crisp Vinho Verde, and more.

F593-F25-5 | \$65

1 Thursday @ Off-site

7:30 PM – 9:00 PM | November 20

★ NEW

Great Gins & Tasty Tonics

Robert Lublin

The gin and tonic is the quintessential summer cocktail—and it's never been better! Distilleries around the country and the world are experimenting to create new, exciting gins using a range of botanicals that go way beyond classic juniper. Tonic water has also evolved to offer a proper accompaniment. Join us for a relaxing evening sampling some of the best gins being produced today. We'll try them on their own, then pair them with premium tonic to find your new favorites. If you've taken the class before, we will be sampling all new gins.

F591-F25 | \$65

1 Thursday @ Off-site

7:30 PM – 9:00 PM | October 23

★ NEW

Gujarati Flavors: Indian Cooking

Shruti Mehta

Tucked in western India, Gujarat is known for its vibrant cuisine. A traditional Gujarati meal is served on a thali—a complete plate. Join us to cook a classic thali with Dal (sweet-tangy lentils), Bhaat (rice), Rotli (wheat bread), Shaak (spiced veggies), plus pickles and Papad (crispy wafers). Get ready to cook and taste the flavors of Gujarat!

F243-F25 | \$115

1 Tuesday @ Off-site

6:00 PM – 9:00 PM | October 28

no class on NPS holidays

There are no classes on Newton Public Schools vacations or holidays. Please visit www.newton.k12.ma.us/calendar for more information.

A Taste of Thai Cooking

Roberta Hing

Thai cuisine is filled with aromatic herbs and spices that contribute to its unique and delicious flavors. Join us to explore fresh interpretations of traditional Thai recipes that you can replicate at home. We'll make a full Thai meal, starting with a colorful Thai coconut soup. For the main course we'll create the popular stir fry noodle dish, pad thai. Dessert will be a refreshing mango ice cream.

F921-F25 | \$105

1 Thursday @ Off-site

6:00 PM – 8:30 PM | October 9



The Art of the Dumpling

Roberta Hing

Learn to make Chinese dumplings in this hands-on class! We'll prepare crispy pan-fried potstickers, savory wontons with pork or chicken fillings, authentic dipping sauces, and a crispy dessert dumpling. Master various folds and designs while honing your culinary skills. It's a fun way to bond with friends and family or impress dinner guests.

F549-F25 | \$105

1 Wednesday @ Off-site

6:00 PM – 8:30 PM | November 19

Kimchi & Kimbap Party!

Minji Park

Bring your favorite Korean TV dishes to life in this fun, hands-on cooking class led by a Korean instructor. You'll make Bacon Kimbap (seaweed rice rolls), Lettuce Geotjeori (quick kimchi), and a savory dipping sauce. Learn how these dishes differ from Japanese styles and why they're staples in Korean homes. After cooking, enjoy your meal together and chat about Korean food, culture, and K-dramas. You'll leave with recipes, your creations, and a taste of Korea.

F487-F25 | \$105

1 Monday @ Newton North High School

5:30 PM – 8:00 PM | October 20

games & strategy



Canasta for Beginners

Laurie Probst

Learn the rules, scoring, and strategies of Canasta. You'll join groups of four, mastering melds of three cards or more and aiming for bonuses with canastas (seven-card melds). Originating in South America, Canasta swept across the US and Europe decades ago—let's revive the craze! No cards needed—just bring your enthusiasm!

R111-F25 | \$165

6 Tuesdays @ Russian School of Math

10:00 AM – 12:00 PM | September 30 - November 18

R111-F25-5 | \$165

6 Tuesdays @ Newton South High School

5:30 PM – 7:00 PM | September 30 - November 25

No class October 28



Canasta Play Time

Laurie Probst

Connect with other Canasta enthusiasts at this social play session. This is a great opportunity to meet new friends, expand your playing circle, and sharpen your skills!

R890-F25 | \$65

6 Tuesdays @ Russian School of Math

10:00 AM – 12:00 PM | September 30 - November 18

R890-F25-1 | \$65

6 Tuesdays @ Newton South High School

6:30 PM – 8:30 PM | September 30 - December 2

R890-F25-2 | \$65

6 Thursdays @ Russian School of Math

10:00 AM – 12:00 PM | October 9 - November 13

Bridge for Beginners

Kimberly Gilman

Learn how to play Bridge in this hands-on course! We'll cover the basics, including bidding, playing, and defending in modern bridge. You'll play with a partner against another pair, so bring your friends! Singles are welcome and will be paired up in class. Come learn this fun and logical game as you make new friends. *Note: This beginner class is also open to players who would like a refresher. Required text is Bridge Basics 1 by Audrey Grant.*

Z800-F25-5 | \$165

5 Mondays @ Newton North High School

6:45 PM – 8:45 PM | October 20 - November 17



Mah Jongg for Beginners

Beth Rosenblatt or Laurie Probst

There's a reason your grandmother loved this game, and you will too. Mah Jongg is a strategic tile-based game that uses "suits" like rummy. It's complicated and addictive, so learn the rules, play once, and you'll want to play again and again. Join us to learn its basic moves and the strategies you need to win. *Note: Please bring a current Mah Jongg standard or large size card. Order from "The Store" link at nationalmahjonggleague.org*

Z118-F25-2 | \$165 (Laurie Probst)

6 Tuesdays @ Newton South High School

6:30 PM – 8:30 PM | September 30 - December 2

Z118-F25-1 | \$165 (Laurie Probst)

6 Thursdays @ Russian School of Math

10:00 AM – 12:00 PM | October 8 - December 3

Z118-F25 | \$125 (Beth Rosenblatt)

4 Mondays @ Newton North High School

6:30 PM – 8:00 PM | October 27 - November 17

“
Very clear instructions by Laurie and her
enthusiasm for the game is infectious! She
provided many opportunities for us to practice.
”



Mah Jongg Play Time

Laurie Probst

Calling all Mah Jongg enthusiasts! Join us for a delightful community-building play session where players can practice their skills and meet new people. *Note: Please bring a current Mah Jongg standard or large size card. Order from "The Store" link at nationalmahjonggleague.org*

Z903-F25-5 | \$65

6 Tuesdays @ Newton South High School

6:30 PM – 8:30 PM | September 30 - December 2

Z903-F25 | \$65

6 Thursdays @ Russian School of Math

10:00 AM – 12:00 PM | October 9 - December 13

Z903-F25 | \$65

6 Tuesdays @ Russian School of Math

10:00 AM – 12:00 PM | September 30 - December 2

music & theatre

Klezmer Music Ensemble

Barry Shapiro

"Klezmer" means "instruments of song" and is the traditional music of Eastern European Ashkenazi Jews. It's typically played for dancing at joyous events like weddings and bar mitzvahs. We'll also explore some Hebrew and Jewish-American music beyond the klezmer genre. All levels and instruments are welcome!

M346-F25 | \$289

8 Thursdays @ Zervas Elementary School
7:00 PM – 9:00 PM | October 9 - December 4

Guitar Fundamentals

Phil Kaplan

With a basic intro to guitar, you can play and sing your favorite songs! This class covers chords, riffs, arpeggios, strumming, fingerpicking, rhythm, and harmony. You'll also learn to read lead sheets and guitar tablature used in songbooks. *Note: Bring an acoustic guitar, blank manuscript paper with tablature lines, pencils, guitar picks, trimmed nails on your fretting hand, and decent nails on your strumming hand.*

M136-F25 | \$195

8 Mondays @ Newton North High School
7:35 PM – 8:35 PM | September 29 - November 24



Guitar Fundamentals II

Phil Kaplan

Building on Fundamentals I, this class is perfect for advanced-beginner players. Move beyond cowboy chords and simple strumming to explore rhythms and riffs based on what you've learned. Develop your sound, perfect your chords, and master strumming techniques. This ongoing class is for those with some guitar experience. Grab your guitar and let's play!

M893-F25 | \$225

8 Tuesdays @ Newton South High School
6:00 PM – 7:00 PM | September 30 - December 2

2025 FALL CATALOG



MEET THE INSTRUCTOR

Phil Kaplan, a New England Conservatory graduate, is a multi-genre musician whose work reflect his passion for world cultures. He's also certified to teach French, Spanish, and German.

Harmonica & The Blues for Beginners

Phil Kaplan

Learn to play your favorite tunes and riffs using a simple, take-anywhere instrument—no extras needed, just your lungs! We'll cover basic skills like harmonica positioning in your mouth and hand techniques for nuance. We'll also focus on breath control and offer tips on music fundamentals like chords and rhythm. There will be in-class and at-home exercises. Recommended books: *Instant Harmonica* by McKelvy, or *Play Harmonica Today* by Hal Leonard. *Note: Have a diatonic (not chromatic) C harmonica, a.k.a. "blues harp," a notebook and pencil.*

M983-F25 | \$185

8 Mondays @ Newton North High School
5:30 PM – 6:25 PM | September 29 - November 24

ANOTHER CLASS YOU'LL LIKE

the beatles: their music and impact (pg. 18)

Play the Ukulele

Phil Kaplan

Whether you love Don Ho or Tiny Tim, entertain friends with the ukulele! This fun, versatile instrument, a cross between a guitar and banjo, has been around since the 1890s. Learn basics like chords, strumming, and various styles. No experience needed. *Note: Bring a ukulele and "How To Play Ukulele for the Complete Ignoramus" book.*

M470-F25 | \$189

8 Mondays @ Newton North High School
6:30 PM – 7:30 PM | September 29 - November 24

humanities

★ NEW

The Beatles: Their Music and Impact

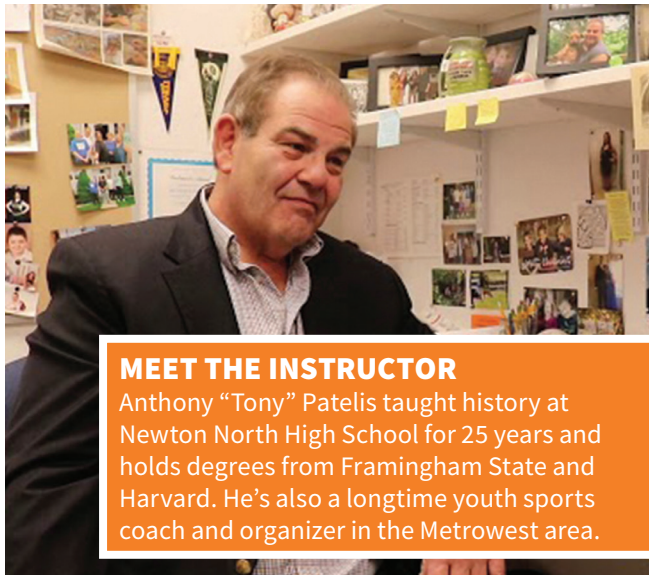
Anthony Patelis

On February 9, 1964, The Beatles captivated 73 million viewers on The Ed Sullivan Show, changing music and culture forever. With 600+ million records sold, they remain the best-selling act of all time. They revolutionized rock and roll, bridging the generational gap and reshaping popular music. In this class, we'll explore their music, the stories behind iconic songs—like how Strawberry Fields was inspired by John Lennon's childhood—and their impact on fashion, trends, and pop culture.

H416-F25 | \$150

6 Mondays @ Newton North High School

6:30 PM – 8:00 PM | September 29 - November 10



MEET THE INSTRUCTOR

Anthony "Tony" Patelis taught history at Newton North High School for 25 years and holds degrees from Framingham State and Harvard. He's also a longtime youth sports coach and organizer in the Metrowest area.

★ NEW

The JFK Assassination: Conspiracy or Lone Gunman

Anthony Patelis

On November 22, 1963, President John F. Kennedy was assassinated in Dallas. While the government blamed Lee Harvey Oswald, his CIA ties and FBI watchlist status have fueled decades of conspiracy theories. This class explores Oswald's background, key evidence, and the investigation's unresolved questions.

H981-F25-1 | \$145

6 Tuesdays @ Newton South High School

7:00 PM – 8:30 PM | September 30 - November 18

★ NEW

DAYTIME
OPTIONS

Lincoln: The Man and the Myths

Anthony Patelis

Abraham Lincoln, the 16th U.S. president, led the nation through the Civil War and is often regarded as a near-legendary figure in American history. But who was he really? Would his views on race and social progress hold up today? Did his decisions truly earn him his revered status? In this class, we'll explore both the facts and myths surrounding Lincoln, examining how his successes and failures shaped his presidency. Through analysis and discussion, you'll gain a deeper understanding of Lincoln and the turbulent times in which he lived.

H113-F25 | \$149

8 Thursdays @ Scandinavian Center

11:30 AM – 1:00 PM | October 16 - December 18

No class December 11

★ NEW

Page to Print: Demystifying Publishing

Christopher Willard

Got a book idea you've dreamed of publishing—kids' book, nonfiction, or how-to? Intimidated by editors, agents, and proposals? In this workshop, learn how to turn your idea into a proposal and understand the publishing process. Your instructor has published 20 books across genres, with and without agents, and will guide you step-by-step and answer your questions.

H998-F25-5 | \$75

1 Wednesday @ Newton North High School

7:00 PM – 9:00 PM | November 5

★ NEW

Screenwriting 101

Brad Abraham

In this class, students will draft a full-length feature screenplay and learn industry insights from a 25-year writing veteran. No experience required. Includes a mix of instruction, workshoping, theory, and practice, plus homework to build real-world skills you need to make your splash in the entertainment business. Novice and expert writers welcome.

H451-F25 | \$165

8 Wednesdays @ Newton North High School

6:30 PM – 7:30 PM | October 8 - December 3

join our mailing list!

Be the first to hear about new classes or events! Go to newtoncommunityed.org to subscribe to our emails!

humanities continued...

★ NEW

Music & Poetry: Light in Darkness

Leslie Tannenwald

Find hope and healing through music, poetry, and writing. This engaging, apolitical class explores artistic expression, offering a creative outlet for pain, stress, or change. Discover how expression helps process emotions from any struggle. Engage with songs, poems, and writing exercises to transform experiences into art. Featuring poet Rachel Korazim and music by Jane Bordeaux and Eyal Golan, it reminds us that amid despair, there is hope.

H418-F25 | \$118

4 Mondays @ Newton North High School
7:05 PM – 8:35 PM | October 20 - November 10

★ NEW

ONLINE
OPTIONS

Robert Frost: America's Philosopher-Poet

Tracy Marks

Robert Frost—widely regarded as America's most beloved poet—wove the tragic realities of his personal life into poetry that elevated the everyday. With a naturalistic style and deep philosophical insight, he described poetry as “a first form of understanding.” In this course, we'll explore Frost's world and examine a dozen of his poems. Special focus will be given to two of his most frequently misinterpreted works: Stopping by Woods on a Snowy Evening and The Road Not Taken—the latter often called the most misunderstood poem in America.

H771-F25-5 | \$85

2 Tuesdays @ Online
6:45 PM – 8:45 PM | November 18 - November 25

ONLINE
OPTIONS

Journal Writing for Personal Growth

Tracy Marks

Journal writing can be an enjoyable, constructive means of gaining personal insight to help us deal with life's challenges and awaken to new possibilities. Led by a counselor and self-help author, we will use structured exercises to reawaken our muses and uncover our sources of personal fulfillment. Each week on Zoom, we will delve into our feelings, thoughts, experiences, and visions of our future, optionally sharing excerpts from our writing in a supportive environment.

Y264-F25 | \$159

4 Tuesdays @ Online
6:45 PM – 8:45 PM | September 30 - October 21

2025 FALL CATALOG

languages

★ NEW

DAYTIME
OPTIONS

Conversational Chinese

Greer Swiston

This course focuses on practical spoken and basic reading skills in Mandarin Chinese. Students learn essential vocabulary, common phrases, and simple sentence structures through interactive dialogues, role-plays, and reading exercises. Emphasis is on building confidence in everyday conversations and understanding basic written texts. Perfect for beginners with no prior experience.

L988-F25 | \$179

8 Wednesdays @ GBCCA
10:30 AM – 11:30 AM | October 8 - December 3

★ NEW

Korean Alphabet

Minji Park

Can you really learn to read Korean in just 2 hours? It sounds impossible—but with Hangeul, it's absolutely doable! In this one-day workshop, Korean instructor Minji Park introduces the basics of Hangeul—the Korean alphabet—in a way that's easy and approachable for total beginners. With a background in education and a love for sharing Korean culture, Minji creates a welcoming space for learners of all backgrounds. Participants will write their own names in Korean and read familiar words from K-pop and K-dramas—like BTS and Squid Game. A workbook and mini certificate are included. No experience needed!

L888-F25 | \$79

1 Wednesday @ Newton North High School
5:30 PM – 8:00 PM | November 12

ANOTHER CLASS YOU'LL LIKE

kimchi & kimbap party (pg. 15)

★ NEW

DAYTIME
OPTIONS

ONLINE
OPTIONS

Conversational English Online Class

Sharon Wanunu

In this English Conversation Class for adults, students will enhance their English speaking skills through student participation, discussion, and small talk practice.

L908-F25-2 | \$199

6 Thursdays @ Online
7:00 PM – 8:00 PM | October 9 - November 13

L908-F25 | \$199

6 Friday @ Online
11:00 AM – 12:00 PM | October 10 - November 14

classes for adult learners

languages continued...



French: Beginner I

Giovanni Palmarini or Phil Kaplan

Learn French, the most romantic language in the world! Deepen your knowledge of how to speak, listen, read and write in French about a variety of topics including numbers, nationalities, leisure activities, family, and professions, while discovering the present tense. *Note: Required textbook will be discussed in the first class.*

L102-F25 | \$199 (Giovanni Palmarini)
8 Thursdays @ Russian School of Math
12:30 PM – 2:00 PM | October 9 - November 27

L102-F25-1 | \$225 (Phil Kaplan)
8 Tuesdays @ Newton South High School
7:05 PM – 8:20 PM | September 30 - December 2



Bon Voyage: Intermediate French & Beyond

Lionel Claris

Bonjour! Brush up on your French for travel or just for fun. Gain confidence in speaking as you learn conversational French. We'll focus on speaking through applied grammar and spaced repetition to boost recall. Improve your pronunciation through reading and speaking. Course materials will be available online. Prerequisite: our Beyond Beginner class or comparable experience.

L243-F25 | \$225
8 Mondays @ Online
10:30 AM – 12:00 PM | September 29 - November 24

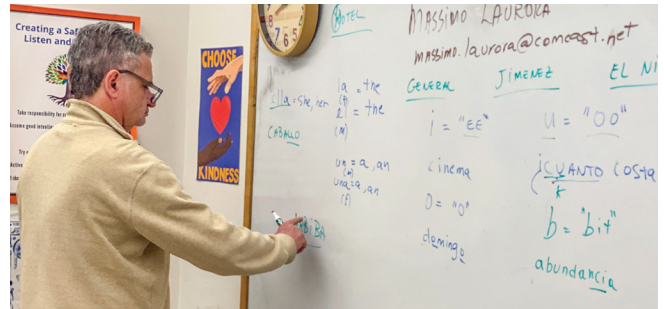


French: Beginner III

Giovanni Palmarini

Did you enjoy French Beginner II? Join us again! You'll deepen your knowledge of how to speak, listen, read and write in French about a variety of new topics including seasons, weather, clothes, everyday objects & activities, free time, and physical descriptions, while mastering the present and discovering future and past tenses. For students who have taken Beginner 1&2 or equivalent. *Note: Required textbook will be discussed in the first class.*

L432-F25 | \$199
8 Thursdays @ Russian School of Math
9:45 AM – 11:00 AM | October 9 - December 4



Spanish: Beginner I

Massimo Laurora

Have fun en Español while building confidence and fluency! Learn basic introductions, present tense verbs, and key grammar concepts, plus vocabulary like fruits, colors, and professions—all while practicing Spanish pronunciation. *Required books: Madrigal's Magic Key to Spanish by Margarita Madrigal.*

L787-F25 | \$245
8 Thursdays @ Scandinavian Center
10:00 AM – 11:15 AM | October 16 - December 11

Spanish: Beginner II

Massimo Laurora

Build on your Spanish foundation from Beginner I as you strengthen your vocabulary and boost your conversational, writing, and speaking skills. *Required books: Madrigal's Magic Key to Spanish by Margarita Madrigal.*

L429-F25 | \$245
8 Tuesdays @ Newton South High School
7:30 PM – 9:00 PM | September 30 - December 2

practice your spanish in cuba!

Join NCE this fall in this latin paradise. Experience it's vibrant culture and learn its rich history. Learn more on page 27.



Spanish: Intermediate I

Massimo Laurora

Build your Spanish skills through grammar, pronunciation, vocabulary, and intonation. We'll focus on present tense verbs (including ser and estar), adjectives, numbers, and an introduction to the preterite tense, reflexive verbs, and object pronouns. *Prerequisite: our beginner Spanish classes or comparable experience.*

L213-F25 | \$245
8 Tuesdays @ Russian School of Math
10:30 AM – 12:00 PM | September 30 - December 2

languages continued...

Italian: Beginner I

Massimo Laurora

Whether you're going to Italy or just want to understand some phrases, come study this lively and expressive language. You'll learn basic grammar concepts and idiomatic expressions while developing your vocabulary and writing skills. Participation is a must, so get ready to have some fun. *Required books: Prego!: An Invitation to Italian by Graziana Lazzarino and an Italian dictionary.*

L103-F25 | \$225

8 Mondays @ Newton North High School

7:30 PM – 9:00 PM | September 29 - November 24



Italian: Beginner II

Romina Crociani or Massimo Laurora

Continuiamo a divertirci in italiano! Let's continue to have fun in Italian! Using a communicative and inductive approach, you'll further develop your language skills through readings and conversations. Prerequisite: Our Italian Beginner class or comparable experience.

L110-F25 | \$225 (Romina Crociani)

8 Mondays @ Online

12:00 PM – 1:30 PM | September 29 - November 24

No class October 13

Required books: Nuovo Espresso A1, Libro dello studente e esercizi + ebook interattivo, ISBN: 978-88-6182-672-4

L110-F25-5 | \$225 (Massimo Laurora)

8 Tuesdays @ Newton South High School

6:00 PM – 7:30 PM | September 30 - December 2

Required books: Prego!: An Invitation to Italian by Graziana Lazzarino and an Italian dictionary.



Italian: Beginner III

Giovanni Palmarini

In this course, you'll deepen your knowledge of how to speak, listen, read and write in Italian about a variety of new topics including traveling through Italian cities, asking for/giving directions, talking about holidays and the weather, while mastering the present and discovering the past tense. For students who have attended at least Beginner 1&2 or equivalent (~25 hours of instruction).

L472-F25-4 | \$199

8 Thursdays @ Russian School of Math

11:05 AM – 12:20 PM | October 9 - December 4

Italian: Intermediate I

Massimo Laurora

Continue to practice your Italian while delving deeper into grammar basics. Focus on irregular verbs, adverbs, pronouns, and the present perfect tense. Practice speaking through reading and listening exercises, with cultural insights. *Required books: Prego!: An Invitation to Italian by Graziana Lazzarino and an Italian dictionary.*

L567-F25 | \$225

8 Mondays @ Newton North High School

6:00 PM – 7:30 PM | September 29 - November 24

From Newton to Sicily

This past April, thirteen travelers joined NCE's Adult & Travel Programmer, Robin, for an unforgettable 8-day journey through Sicily. Highlights included exploring the slopes of Mt. Etna, touring one of the island's oldest wineries, taking part in a hands-on cooking class, and visiting remarkable historical sites throughout the region.



Want to Join Us Next Time?

See pg. 26 to learn more about our upcoming travel & trips or visit our website to sign up!

lifestyle & wellness

Intuitive Tarot Workshop

Laura Campagna

Join us for an immersive Intuitive Tarot workshop to connect with your third eye and inner knowing. This class is great for beginners and those looking to build confidence in reading tarot. We'll explore the cards as symbols of your spiritual journey and learn how to read them with intuition. Our instructor will offer energetic support to help you deepen your connection with the cards and your intuitive gifts.

P588-F25 | \$59

1 Tuesday @ Newton South High School
7:00 PM – 9:00 PM | November 18

★ NEW

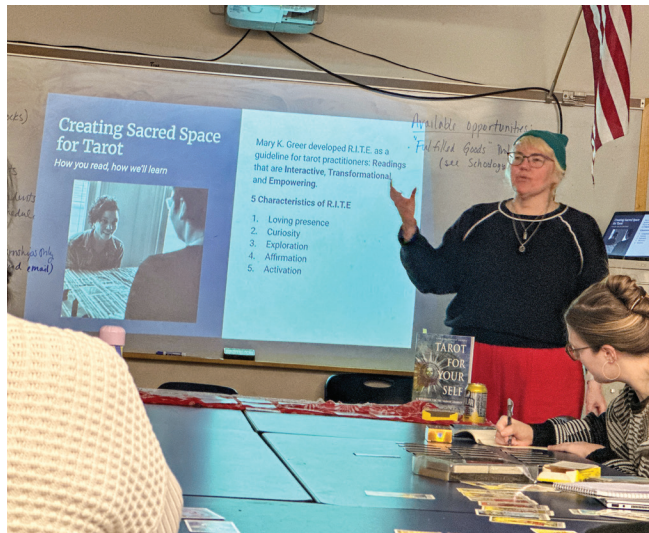
Advancing with Astrology

Laura Campagna

Are you ready delve the mysteries of your horoscope? Astrology is an oracular practice in which the birth chart speaks. You'll learn to delineate a chart, divine your story, and construct your narrative for self-empowerment. You'll also explore transits, aspect patterns, and synodic cycles. The movement and positions of celestial bodies can profoundly impact your love life, career, friendships, and more. If you have a basic understanding of planets, signs, and aspects and are looking to take your astrology studies a step further, join us to gain additional insight on how astrological events can forecast and impact your life. *Required Books: Aspects in Astrology by Sue Tompkins*

P668-F25 | \$99

4 Wednesdays @ Newton North High School
7:00 PM – 8:30 PM | October 29 - November 19



★ NEW

Meditation, Patience & Buddhist Psychology

Gen Kelsang Khedrub

Transform your mind and life with powerful breathing meditation techniques, building confidence to meditate independently for up to 20 minutes. Discover Buddhist psychology principles and cultivate genuine patience. Perfect for calming your mind, managing stress, and gaining clarity. Led by a Western Buddhist monk with 30+ years of experience, you'll receive personalized guidance to deepen your practice and develop lasting patience.

P811-F25 | \$89

3 Tuesdays @ Newton South High School
7:00 PM – 8:00 PM | October 14 - October 28

ANOTHER CLASS YOU'LL LIKE
gentle yoga (pg. 12)

Movement, Meditation, & Sound

Francesca Gentile

Join us for a relaxing class blending gentle, slow yoga with guided meditation and sound healing. Move mindfully, calm your nervous system, and reconnect with your body and breath. Suitable for all levels, this class nurtures peace, clarity, and well-being in both body and mind. *Note: Bring a yoga mat, and water bottle.*

Y898-F25-1 | \$175

8 Mondays @ Newton North High School
7:30 PM – 8:30 PM | September 29 - November 24

★ NEW

A Mindful Approach to Self-Acceptance

Courtney Zeljkovic Lester

Let go of self-criticism and perfectionism in this welcoming course on self-compassion. Through gratitude, meditation, and evidence-based practices, you'll learn to calm your mind, boost happiness, and embrace your authentic self. No experience needed—open to all.

P476-F25 | \$95

3 Mondays @ Newton North High School
5:30 PM – 6:45 PM | October 20 - November 3

volunteer with us!

We're looking for volunteers to help at our day and evening class sites, and to represent NCE at community events. It's a fun way to connect with others and give back to the community! Call or email us to get involved.

lifestyle & wellness continued...



Finding Love Through Online Dating

Susan Trotter

Online dating can lead to real connection—with the right approach. This practical class will help you craft a strong profile, read others more clearly, write better messages, and prep for great first dates. Leave feeling confident, optimistic, and ready for what's next.

P890-F25 | \$55

1 Thursday @ Online

6:30 PM – 8:30 PM | November 6



Grandparenting: Roles, Boundaries & Connections

Leslie Tannenwald

Explore the joys and challenges of modern grandparenting, especially in interfaith families. This engaging class offers practical tools, real-life examples, and space for optional sharing. Learn to set boundaries, communicate better, and strengthen bonds with your children and grandchildren.

P419-F25-2 | \$118

4 Mondays @ Newton North High School

5:30 PM – 7:00 PM | October 20 - November 10



Mindful Tuesdays: Find Your Calm

Join us for Mindful Tuesday Talks, a series exploring mindful and compassionate action, resilience in tough times, mindfulness through art, and nurturing calm in kids and teens. Discover tools for living and growing with presence, heart, and creativity.



Sign up for individual sessions, or sign up for all 4 for \$175 — 15% savings*!

Discount automatically applied at checkout

Mindful & Compassionate Action: The Fierce Heart in Challenging Times

Sharon Salzberg

Join renowned teacher Sharon Salzberg to explore fierce compassion as a powerful response to stress and adversity. Through meditation, dialogue, and teaching, Sharon will show how compassion—even amid fear and anger—can be a radical act of strength, clarity, and resilience. As the Dalai Lama says, “compassion is the radicalism of our time.”

P392-F25-5-Zoom | \$55

1 Tuesday @ Online

7:00 PM – 8:00 PM | September 30

Mindfulness Through Art

Lauren Comando

Experience calm and mindfulness with the Zentangle method, a meditative drawing technique for all skill levels. If you can write then you can create Zentangle art. This method boosts focus, creativity, and problem-solving. Cultivate presence as you create intricate artwork.

P415-F25 | \$55

1 Tuesday @ Newton South High School

7:00 PM – 9:00 PM | October 21

Growing up Mindful for Families (Even Teens!)

Christopher Willard

Learn how to share mindfulness with your family in fun and flexible ways. Led by an experienced author and psychologist, this parent-focused workshop offers creative techniques—using art, sports, games, music, and tech—for all attention spans. Build compassion, focus, and connection while supporting your family's mental health.

P901-F25 | \$49

1 Tuesday @ Newton South High School

7:00 PM – 8:30 PM | October 14

Helping Kids Find Inner Calm with Mindfulness

Deborah Sosin, LICSW

Today's kids face stress, anxiety, and constant stimulation. This adult-only workshop offers simple, science-backed techniques to help children find calm and build resilience. Led by a mindfulness therapist and author, you'll explore real-life examples, practice kid-friendly exercises, and discuss Charlotte and the Quiet Place. Includes Q&A.

P678-F25 | \$49

1 Tuesday @ Newton South High School

7:00 PM – 8:30 PM | October 28

classes for adult learners

lifestyle & wellness continued...

CPR, AED & First Aid Training

Tyler Allerhand

Learn to confidently respond to medical emergencies involving infants and children in this ASHI-certified Pediatric CPR, AED, and First Aid course. Ideal for parents, caregivers, teachers, coaches, and camp staff. Topics include First Aid basics, medical and injury emergencies, environmental emergencies, and CPR/AED for all ages. Two-year certification awarded upon completion.

Y335-F25 | \$145

1 Monday @ Newton North High School

6:00 PM – 8:30 PM | November 17



 DAYTIME
OPTIONS

Newton's Farm Tour—Growing Food & Community

Debra Hall

Join us at the small but mighty Newton Community Farm, purchased by the City of Newton in 2005 to preserve the last working farm in the City, on land under cultivation since the 1600s. Learn about the farm's rich history, the time-tested and cutting-edge farming practices used to produce 50,000 pounds of vegetables annually on 1.5 acres, and how the farm is adapting to a changing climate.

Z988-F25 | \$35

1 Saturday @ Off-site

10:00 AM – 11:30 AM | September 20

Count Your Chickens: Raising a Small Flock in your Own Backyard

Jessica Avery

Discover how to raise your own backyard chickens—yes, it's legal in Newton and other nearby towns! You'll learn how to start and care for a flock, choose breeds, raise chicks, collect eggs, and keep your hens healthy. For the second class, we'll visit the instructor's coop in West Newton to meet her chickens and check out her setup.

R242-F25 | \$75

1 Wednesday & 1 Thursday @ Newton North High School

6:00 PM – 9:00 PM | October 22 - October 23

 DAYTIME
OPTIONS

Bike Repair & Maintenance

Instructors Farina's Bicycle Center staff

In this hands-on class at a local bike shop, you'll learn basic maintenance and roadside repairs—fix flats, remove wheels, adjust brakes, tighten chains, and more. Practice on shop bikes, get helpful handouts, and enjoy 10% off accessories purchased that day.

R100-F25 | \$55

1 Saturday @ Farina's Bicycle Center

9:15 AM – 11:15 AM | September 13

Everything You Need to Know about Auto Repair

Bruce Gerry

Hear a strange noise in your car? Want to feel confident at the repair shop? Join Bruce Gerry—"Dr. Tuneup"—with 40+ years of experience, as he makes auto repair simple and fun. Learn basic maintenance, troubleshoot fluids, electrical, brakes, and exhaust, and diagnose common issues. Become your friends' and family's car expert!

G984-F25 | \$99

3 Mondays @ Newton North High School

6:00 PM – 8:00 PM | November 17 - December 1

Fearless Flower Arranging

Lucinda Chrislip

If you love flowers and want to learn how to create gorgeous arrangements for your home, this is a fabulous introduction to floral design. With an abundant selection of flowers to choose from, learn techniques and basic design principles from experts. Leave with the confidence to create gorgeous flower arrangements.

G903-F25 | \$99

1 Tuesday @ Off-site

5:30 PM – 6:30 PM | September 16

ANOTHER CLASS YOU'LL LIKE

grow a garden in glass (pg. 8)

Putting Gardens to Bed for Winter

Jeff Klein

Beautiful spring gardens start in the fall. This class will cover planting bulbs for spring, what (and what not) to prune in fall, how to deal with leaf litter and weeds, and other handy gardening tips for fall. *Note: This class will meet offsite in the yard of a participant. Please reach out to the instructor if you'd like to volunteer your space.*

G240-F25 | \$55

1 Monday @ Off-site

4:00 PM – 6:00 PM | October 6

lifestyle & wellness continued...

The Legal Use of Force

Jeffrey Sacks

Considering purchasing a firearm for self-protection? Designed for first-time gun owners and those exploring personal security options, you'll learn essential information on legal requirements, safe storage, responsible ownership, situational awareness, and alternative self-defense methods.

P899-F25-2 | \$55

1 Tuesday @ Newton South High School
7:00 PM – 9:00 PM | November 18

ANOTHER CLASS YOU'LL LIKE

self defense: budo tai-jutso (pg. 13)

Your Home Protection Plan

Jeffrey Sacks

What's your roadmap to safety? Learn expert strategies for conflict avoidance, situational awareness, home defense, and how to create a personalized plan to prevent violence before it happens and protect yourself.

P589-F25 | \$55

1 Tuesday @ Newton South High School
7:00 PM – 9:00 PM | October 21

Start Decluttering Now

Bari Prince

Together we will explore the key to successful decluttering: understanding emotional attachments like guilt, sentiment, and "what if I need it?". We'll cover strategies for letting go and tackle challenges with closets, books, and paperwork. You'll create a personalized plan to tackle all your excess stuff and free up space.

P912-F25-5 | \$55

1 Wednesday @ Newton North High School
6:30 PM – 8:30 PM | October 15

science & technology

Cybersecurity: Keep Safe in the Digital World

Ben Vivante

Learn how to keep yourself and your family safe online. This class covers email security, phishing scams, social media settings, virus recovery, cloud backups, and the risks of public Wi-Fi. Get practical tips to protect your devices and navigate the digital world with confidence.

C339-F25 | \$60

1 Monday @ Newton North High School
7:00 PM – 9:00 PM | October 27



Tech Tutoring

Howard Loewinger

Get one-on-one personalized tech assistance. Your tech tutor will tailor their support to your needs from individual program help, digital organization, photo clearing, and more. After you register, please contact NCE and let us know which operating system you're using (Macintosh or PC) and what kind of help you're looking for. We'll put the instructor in touch with you to schedule!

C316-F25 | \$175/2 hours, \$235/3 hours, \$295/4 hours

@ Online or In-Person (\$25+ travel fee based on location)
On Your Own Schedule | September 15 - December 4

Cutting the Cable: Your TV Options in the Digital Age

Howard Loewinger

Thinking about cutting the cable? Learn how to navigate today's TV options—from traditional cable to streaming and live internet TV. This class covers what you'll need, how to choose the right setup, and whether your current service can handle it. Includes demos and Q&A.

C113-F25-1 | \$59

1 Monday @ Newton North High School
7:00 PM – 9:00 PM | September 29

Advanced Photo Management on Apple Devices

Howard Loewinger

If you take lots of photos with your iPhone or iPad but lack a clear way to organize them, this class is for you. Learn to manage photos, create albums, sync with iCloud, and use editing tools. The second session focuses on the Photos app for Mac, including smart albums and custom projects. *Note: Please bring your iPhone/iPad to the first class and a MacBook to the second if possible.*

C320-F25 | \$95

2 Wednesdays @ Newton North High School
7:00 PM – 9:00 PM | November 12 - November 19

Go Electric or Not

Arnie Greenfield

Thinking about an electric vehicle (EV)? Explore the pros and cons, including cost savings, environmental impact, and charging options. Learn how to choose the right EV, find rebates, negotiate pricing, and maintain your vehicle. We'll also cover apps like PlugShare and home charger options to help you make a confident, informed decision.

R876-F25 | \$55

1 Monday @ Newton North High School
6:30 PM – 8:00 PM | October 27

travel & tours

Moonlight Canoe Tour

Paddle Boston

Experience the enchantment of dusk on the water with a moonlit canoe paddle. Departing at sunset, enjoy a serene evening under the moon's glow. We will observe herons, river otters and other wildlife along the Charles River. Learn about local history, from Canoe Clubs to Norumbega Park, from your guide. Conclude with dessert and non-alcoholic drinks before returning to the dock. This leisurely 2–3 mile paddle suits all paddlers, with children 12+ welcome alongside adults.

R712-F25 | \$85

1 Sunday @ Meeting Location Will Be Emailed
6:45 PM – 8:45 PM | September 7



★ NEW

Boston Walking Tours

Join urban historian Jim O’Connell, Ph.D., for a two-part walking tour series exploring Boston’s evolution. First, uncover the story of Urban Renewal in Government Center and the West End. Then, experience the dynamic Seaport District’s growth and character.

Sign up for individual tours, or sign up for both for \$120*!

Discount automatically applied at checkout



Exploring the Seaport District

Jim O’Connell

Explore South Boston’s ever-evolving Seaport District on this guided walk. Highlights include the Harborwalk, Amazon Seaport, ICA, Commonwealth Pier, and new developments around the Convention Center. Learn how this area grew from empty docks and parking lots into a symbol of “global” Boston, while reflecting on the architecture. *Note: We will walk rain or shine.*

TR213-F25-3 | \$65

1 Sunday @ Off-site
1:00 PM – 3:00 PM | September 7



Boston's Urban Renewal

Jim O’Connell

Discover how old neighborhoods were replaced by modernist designs and open plazas in Boston’s Government Center and West End. Highlights include Charles River Park and a self-guided visit to the West End Museum. Uncover the stories behind one of the city’s most controversial transformations. Meet at Government Center MBTA; tour ends at North Station MBTA. *Note: We will walk rain or shine.*

TR907-F25 | \$65

1 Sunday @ Off-site
1:00 PM – 3:00 PM | November 2

Guided Adventures for Curious Travelers — Near and Far

From the vibrant streets of Lisbon to the hills of Sicily, our trips have brought NCE travelers together to learn, explore, and connect. Whether you're interested in art, history, food, or culture, our group travel experiences are thoughtfully planned and led by expert guides. There's still time to join one of our upcoming adventures!



Escape to Norway: Fjords, Culture & City Charm

September 8 - September 15, 2025

Discover the best of Norway with NCE on a one-of-a-kind adventure through its dramatic landscapes and vibrant cities. You'll stroll the lively streets of Oslo, take in sweeping views on hikes to waterfalls, and cruise past towering cliffs in the iconic fjords. In Bergen, explore the colorful Bryggen district, browse local shops, and enjoy fresh seafood straight from the harbor.



The Civil Rights Journey

October 23 - October 26, 2025

Visit the cities and landmarks that shaped the struggle for justice, from the streets of Selma to the museums of Montgomery. Walk across the Edmund Pettus Bridge, hear powerful firsthand stories from veteran activists, and engage with the Equal Justice Initiative's work connecting past and present. This journey offers a deep, meaningful look at America's ongoing pursuit of equality, justice, and civil change.



Vibrant Cuba: Journey Through Color & Culture

November 3 - November 8, 2025

Discover the vibrant soul of Cuba on a journey through its colorful streets, rich history, and lively culture. We'll uncover Cuba's heritage by exploring historic synagogues, churches, museums, and vibrant local communities. Delight in authentic cuisine, embrace time-honored traditions, and immerse yourself in the island's captivating blend of history, culture, and faith.

Visit newtoncommunityed.org/adults/travel-and-tours/ to learn more!



"From hiking along the winding Sicilian coast, to cooking dinner in a centuries old farmhouse in the Agrigento countryside, traveling to Sicily with NCE was a joy! The itinerary was planned meticulously and included so many fascinating places that I would not have found on my own. Our guide was very knowledgeable and the hotels were comfortable, elegant and in great locations. Thank you NCE for doing all the planning and allowing us to enjoy the sights and tastes of Sicily along with a terrific group of travelers."

Sheryl Kalis & Adam Steinberg, NCE Travelers

Stay tuned for more travel opportunities!

We're working on exciting new trips: Spain, Croatia, Vietnam, Memphis, and Nashville! Sign up for our travel email list online to be the first to know.

Clubs & Classes for Young Learners

Kids can do our clubs and their school's after-care program!

We asked. You answered. Now we're putting your feedback into action—with fresh clubs, clearer communication, and more of what matters.

- **Longer Club Hours**
Most clubs will run until 4:30 or 5:00 — giving working families more flexibility at pickup.
- **Full Semester Sessions**
Clubs start in mid-September. Enroll for 10 to 12 weeks for a predictable schedule and best value, or enroll by the session (session 1: mid Sept - late Oct, session 2: early Nov - mid Dec).
- **Stable Pricing**
Fees remain consistent with past years and reflect updated club lengths.

New clubs are still being added—check online for details!

Don't see your child's school listed? We welcome them to join clubs at other schools. Snack and play time are built into the start of each club to support transitions between schools.

Would you like NCE clubs at your school? Please reach out to us directly or through your PTO. We are building relationships so that we serve each school community well. Your feedback helps guide where and what's next!



MEET YOUR NEW COMMUNITY INNOVATION LEADER

Sarah Housman, NCE's former Summer Camp Program Coordinator, is now leading the innovation for kids clubs. She has a background in child development and psychology, and a decade of experience working with children and families. Sarah lives in Newton with her husband, four kids, and six ragamuffin cats.

at a glance

Course Name	Days	Grades	Page
Angier Elementary School			
Intro to C-H-E-E-R!	Mon	K - 5	33
Chess: Intermediate	Wed	1 - 5	31
Bowen Elementary School			
Chess: Beginner	Mon	K - 5	31
Buildwave A hands-on building game!	Tue	K - 5	32
Chess: Intermediate	Mon	1 - 5	31
Sports Broadcasting & Photography	Tue	3 - 5	34
Dungeons & Dragons: Ithreach Adventures	Mon	4 - 5	31
Kangaroo Math: Strategies & Challenges	Mon	4 - 5	32
Brown Middle School			
Speech Team	Tue	6 - 8	30
Burr Elementary School			
Buildwave A hands-on building game!	Thur	K - 5	32
Chess: Beginner	Tue	K - 5	31
Comics & Digital Animation	Thur	1 - 4	34
Chess: Intermediate/Advanced	Thur	1 - 5	31
Cabot Elementary School			
Cinema Kitchen	Fri	K - 2	34
Chess: Beginner	Thur	K - 5	31
Buildwave A hands-on building game!	Fri	K - 5	32
Countryside Elementary School			
Weird Science Television: Anything is Possible!	Wed	K - 2	34
Chess: Beginner	Wed	K - 5	31
Buildwave A hands-on building game!	Wed	K - 5	32
Dungeons & Dragons: Ithreach Adventures	Tue	4 - 5	31

afternoon adventures for special early release days!

Families will be able to enroll for individual days or as a package (*dates listed below*). Check our website for details.

September 25, 2025

February 5, 2026

October 28, 2025

March 19, 2026

December 4, 2025

May 7, 2026

Course Name	Days	Grades	Page
Mason Rice Elementary School			
Buildwave A hands-on building game!	Mon	K - 5	32
Chess: Intermediate/Advanced	Mon	1 - 5	31
Chess: Intermediate	Thur	1 - 5	31
Space Animations	Mon	1 - 4	34

Newton North High School

The Entrepreneurship Experience	Mon	5 - 9	32
Dungeons & Dragons: Land of Ithreach	Mon	6 - 12	31
CPR, AED and First Aid Training	Mon	7 - 12	30
Swimming Lessons - Level 1: Introductory Beginner	Sat	Ages 4 - 14	33
Swimming Lessons - Level 2: Independent Beginner	Sat	Ages 4 - 14	33
Swimming - Level 3/4: Intermediate/Advanced	Sat	Ages 4 - 14	33
Diving Lessons	Sat	Ages 8 - 14	33

Newton South High School

Dungeons & Dragons: Land of Ithreach	Tue	6 - 12	31
CPR, AED and First Aid Training	Tue	7 - 12	30

Online

Math Competition AMC 10 Boost Course	Fri	8 - 10	30
SAT Math Review	Fri	9 - 12	30



college & test prep

SAT Math Review

Lijia Li | Grades 9 - 12

Tackle the math section of the SAT with confidence. Topics of Algebra, Geometry, Problem Solving & Data Analysis, and Advanced Algebra will be reviewed, and students will finish 5 practice tests on the Test Innovator SAT Digital System. We'll examine the structure of the exam, learn helpful strategies, and practice under simulated test-taking conditions to build skills and self-assurance.

5 Fridays @ Online | 7:00 PM – 9:00 PM

September 26 - October 24 | \$325

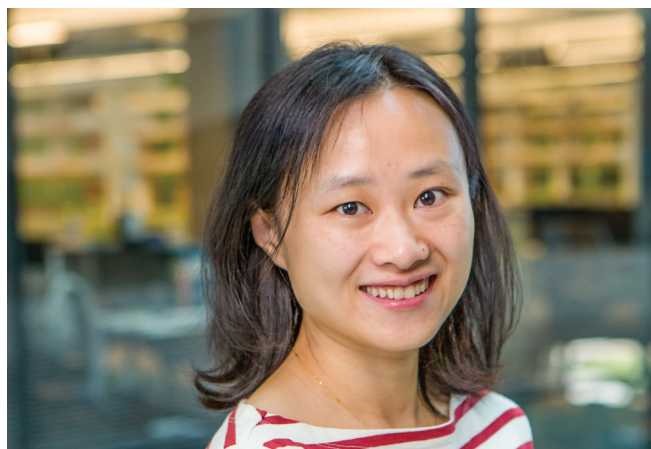
Math Competition AMC 10 Boost Course

Lijia Li | Grades 8 - 10

Prepare for the AMC 10, a 25-question, 75-minute multiple choice exam for students in grade 10 and below on the path to the International Math Olympiad. You'll strengthen your problem-solving skills and review topics such as algebra, geometry, counting, number theory, and more. A strong math foundation is recommended.

5 Fridays @ Online | 7:00 PM – 9:00 PM

October 31 - December 5 | \$325



MEET THE INSTRUCTOR

Ms. Lijia Li holds an M.Ed. from Harvard and teaches math at Newton South High School. She has taught AoPS, AMC 8/10, and SAT prep, and loves helping students grow through math and achieve success.

help clubs thrive, register early

Early sign-ups help our clubs run and grow. Some fill fast, so don't wait to save your spot!

life skills

★ NEW

CPR, AED and First Aid Training

Tyler Allerhand | Grades 7 - 12

This American Safety and Health Institute (ASHI) Pediatric CPR, AED, and First Aid training program provides anyone who wants to learn how to respond to medical emergencies involving adults, children and infants. Topics covered include: First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult and Pediatric CPR & AED. Two-year certification upon successful completion.

1 Monday @ Newton North | 6:00 PM – 9:00 PM

September 29 | \$145

1 Tuesday @ Newton South | 6:00 PM – 9:00 PM

December 2 | \$145



Speech Team

Kim Vanaman | Grades 6 - 8

Build confidence, improve public speaking, and compete in events like prose, poetry, and original oratory through the MA Middle School Speech League. Students will get a chance to show their skills at weekend speech tournaments across the Greater Boston area. *Note: A \$82 non-refundable fee is due at the first class to cover tournament registration, materials, and snacks.*

30 Tuesdays @ Brown | 3:00 PM – 4:30 PM

September 16 - May 26 | \$625



games & strategy

Chess: Beginner

Lazaro "Santiago" Ruiz Castro | Grades K - 5

This introductory chess club covers the chessboard basics, piece movements (castling and en-passant), piece values, chess notation, opening principles, pawn structure, rook control, and fundamental checkmates.

12 Mondays @ Bowen | 3:00 PM – 4:30 PM

September 15 - December 8 | \$540

9 Tuesdays @ Burr | 3:00 PM – 4:30 PM

September 16 - December 9 | \$405

No class October 28

12 Wednesdays @ Countryside | 12:30 PM – 2:00 PM

September 17 - December 10 | \$540

10 Thursdays @ Cabot | 3:00 PM – 4:30 PM

September 18 - December 11 | \$450

No class September 25 and December 4



Santiago's teaching is fun, clear and engaging. He is also very patient and speaks with charisma.



Chess: Intermediate

Nicholas Sterling | Grades 1 - 5

If you have some experience playing chess and know how the pieces move, this club will help you develop positional tactics and more advanced moves. As you match up with various classmates to play games coached by our expert instructor, you'll gain the confidence to play well against any opponent. You'll finish the semester with a new appreciation for one of the best games ever invented.

12 Mondays @ Bowen | 3:00 PM – 4:30 PM

September 15 - December 8 | \$540

9 Tuesdays @ Burr | 3:00 PM – 4:30 PM

September 16 - December 9 | \$405

No class October 28

12 Wednesdays @ Countryside | 12:30 PM – 2:00 PM

September 17 - December 10 | \$540

10 Thursdays @ Mason Rice | 3:00 PM – 4:30 PM

September 18 - December 11 | \$450

No class September 25 and December 4

no class on NPS holidays

There are no classes on Newton Public Schools vacations or holidays. Please visit www.newton.k12.ma.us/calendar for more information.



Chess: Intermediate/Advanced

Ross Eldridge | Grades 1 - 5

Take your knowledge of chess to the next level! This club will help you develop positional tactics and master more advanced moves. Under the guidance of our expert instructor you'll gain confidence, simple mates, and explore advanced tactics and strategic concepts. You'll also be introduced to scorekeeping, clock usage, chess ratings, and the basics of tournament play. By the end you'll have a deeper appreciation for one of the greatest games ever invented.

12 Mondays @ Mason-Rice | 3:00 PM – 4:30 PM

September 15 - December 8 | \$540

10 Thursdays @ Burr | 3:00 PM – 4:30 PM

September 18 - December 18 | \$450

No class September 25 and December 4

Dungeons & Dragons: Ithreach Adventures

Roll Models | Grades 4 - 5

New and returning players welcome! Join a heroic adventure in Ithreach, a unique D&D world by Roll Models. Sharpen problem-solving skills, build teamwork, and tackle challenges in a fun, supportive setting. Whether for one session or many, it's an unforgettable experience!

5 Mondays @ Bowen | 3:00 PM – 5:00 PM

September 15 - October 20 | \$300

November 3 - December 8 | \$300

No class November 10

5 or 4 Tuesdays @ Countryside | 3:00 PM – 5:00 PM

September 16 - October 21 | \$300

November 18 - December 9 | \$300



Great Dungeon Masters and story tellers. They are very patient and make the class entertaining!



Dungeons & Dragons: Land of Ithreach

Roll Models | Grades 6 - 12

Explore Ithreach, a dynamic D&D world where seasons change and stories evolve. Join an ongoing evening campaign with familiar allies and new foes. Continue with your character or create a new one for the journey ahead!

5 Mondays @ Newton North | 6:30 PM – 8:30 PM

September 15 - October 20 | \$300

November 3 - December 8 | \$300

5 Tuesdays @ Newton South | 6:30 PM – 8:30 PM

September 16 - October 21 | \$300

October 28 - December 9 | \$300

clubs & classes for young learners

stem

★ NEW

Kangaroo Math: Strategies & Challenges

Lijia Li | Grades 4 - 5

Designed for motivated 4th and 5th graders, this class builds confidence and problem-solving skills through engaging lessons and Math Kangaroo-style challenges. Each 2-hour session includes warm-ups, concept exploration, and hands-on practice. Ms. Li, a Bowen parent and NSHS math teacher, is excited to share her love of math in a fun and supportive setting.

10, 20, or 35 Mondays @ Bowen | 3:00 PM – 5:00 PM

September 8 - December 22 | \$900

January 5 - June 15 | \$1,200

September 8 - June 15 | \$1,950

★ NEW

The Entrepreneurship Experience

DesignMy Education LLC | Grades 5 - 9

Ignite your entrepreneurial spirit! Get ready to brainstorm, create, launch, and grow your own e-commerce products through hands-on experience. Guided by ten overarching questions, you'll learn core lessons about entrepreneurship while selling on our online marketplace. This journey lets you step into the world of real entrepreneurship, developing skills and resilience along the way. Let's think big and turn your ideas into reality!

8 Mondays @ Newton North | 6:30 PM – 8:30 PM

September 15 - November 10 | \$480



connect with us!

Stay in touch with NCE outside of the classroom.
You can follow us on Facebook and Instagram @
newtoncommunityed



Buildwave | A hands-on building game!

Buildwave | Grades K - 5

Buildwave is a creative building program that feels like a video game! Over the course of multiple sessions, students create with over 50 different building materials, including Lego®, PlusPlus®, and custom-made Buildwave materials. As your child creates with wave after wave of new objects, they build creative confidence, become better collaborators, and encounter design and engineering fundamentals in a memorable way.

6 Mondays @ Mason-Rice | 3:00 PM – 5:00 PM

September 15 - October 27 | \$360

5 Tuesdays @ Bowen | 3:00 PM – 5:00 PM

September 16 - October 21 | \$300

November 18 - December 16 | \$300

No class October 28

6 or 12 Wednesdays @ Countryside | 12:30 PM – 2:30 PM

September 17 - October 22 | \$360

October 29 - December 10 | \$360

September 17 - December 10 | \$720

5 or 10 Thursdays @ Burr | 3:00 PM – 5:00 PM

September 18 - October 30 | \$300

November 6 - December 18 | \$300

September 18 - December 18 | \$540

No class September 25 & December 4

6 or 12 Fridays @ Cabot | 3:00 PM – 5:00 PM

September 19 - October 24 | \$360

October 31 - December 12 | \$360

September 19 - December 12 | \$720

sports

Swimming Lessons - Level 1: Introductory Beginner

Kristen Smith and NNHS Girls Swim & Dive | Ages 4 - 14

This is an introductory beginner class and will cover basic water safety, getting comfortable with the water, floating on front and back, introduction to combined leg and arm movement, introduction to blowing bubbles, and submerging face.

5 Saturdays @ Newton North | 10:15 AM – 11:00 AM
September 13 - October 11 | \$225

Swimming Lessons - Level 2: Independent Beginner

Kristen Smith and NNHS Girls Swim & Dive | Ages 4 - 14

This is an independent beginner class and will cover basic water safety, swimming with face in the water, learning to swim independently (with little assistance), introduction of technique, and basic strokes.

5 Saturdays @ Newton North | 10:15 AM – 11:00 AM
September 13 - October 11 | \$225

“
The teachers were organized, friendly, and great
around children. They did an AMAZING job!!!!
”

Swimming - Level 3/4: Intermediate/Advanced

Kristen Smith and NNHS Girls Swim & Dive | Ages 4 - 14

For intermediate swimmers, we cover water safety, swimming independently, deep end swimming, introduction to complex strokes, technique work, and breathing techniques using tools like kick boards. For advanced swimmers, we focus on advanced water safety, complex stroke techniques, intro diving, stamina, long-distance swimming, and flip turns. Improve your skills and confidence in the water with expert guidance!

5 Saturdays @ Newton North | 10:15 AM – 11:00 AM
September 13 - October 11 | \$225

join our mailing list!

Be the first to hear about new classes or events! Go to newtoncommunityed.org to subscribe to our emails!

Diving Lessons

Kristen Smith and NNHS Girls Swim & Dive | Ages 8 - 14

This program is a great way to try diving for the first time or refine your diving springboard technique. The Newton North facility provides two diving boards, lots of space for drills, and an agitation system for anyone learning new dives. We'll cover basic diving, introduction to diving board skills, and back and front dives.

5 Saturdays @ Newton North | 10:15 AM – 11:00 AM
September 13 - October 11 | \$225



Intro to C-H-E-E-R!

Diane Sinanian | Grades K - 5

Led by the current Head Cheer Coach for the Newton Mustangs, this club is perfect for beginners. Kids will learn the basics of cheerleading: moves, chants, and routines while building teamwork and confidence in a fun environment. Students will also be encouraged and guided to foster team spirit. C-H-E-E-R your way into fall!

9 Mondays @ Angier | 3:00 PM – 4:30 PM
September 15 - November 17 | \$405



Would you like to do yoga, but are concerned about cost? Through a partnership with NCE, Down Under is offering a limited number of memberships to teens and adults who qualify. Just apply through our Scholarship link online or contact the NCE office for more details!

visual arts

★ NEW

Comics & Digital Animation

CinemaKidz | Grades 1 - 4

Learn the fundamentals of shot composition, storyboarding, and visual storytelling by creating your own comic book and animation! You'll develop drawing skills while drafting an original story on paper as you use each panel and page to balance art and text for maximum impact. You'll design original characters, practice drawing techniques, and bring your comic to life in Procreate. Finally, you'll explore frame-by-frame animation to turn your story into a short animated film.

5 or 10 Thursdays @ Burr | 3:00 PM – 5:00 PM

September 18 - October 30 | \$300

November 6 - December 18 | \$300

September 18 - December 18 | \$540

No class September 25 and December 4

Cinema Kitchen

CinemaKidz | Grades K - 2

Produce and star in your own cooking show! In this creative class, kids will design their show's look, cook fun recipes, and film their own episodes. Inspired by shows like Iron Chef or Nailed It, participants will cook, direct, and edit. Recipes include veggie sushi, pizza, and desserts. Meals will be rated on smell, color, ingredient, and nutritional value. *Note: Due to safety restrictions, children will not be eating the food they create.*

6 or 12 Fridays @ Cabot | 3:00 PM – 5:00 PM

September 19 - October 24 | \$360

October 31 - December 12 | \$360

September 19 - December 12 | \$720

Weird Science Television: Anything is Possible!

CinemaKidz | Grades K - 2

Put on your lab coats and secure your goggles—it's time for some wacky science with CinemaKidz! From mixing magic potions and making a slime monster come to life with stop motion, to building a cardboard invention to showcase them—anything is possible on Weird Science Television! Working together in lab teams, kids will learn, then demonstrate mind-blowing experiments and more for their kid-run science show. Using their science skills, these creative kids will then create their very own Bill Nye-inspired TV show.

6 or 12 Wednesdays @ Countryside | 12:30 PM - 2:30 PM

September 17 - October 22 | \$360

October 29 - December 10 | \$360

September 17 - December 10 | \$648

★ NEW

Sports Broadcasting & Photography

CinemaKidz | Grades 3 - 5

Step into the exciting world of sports media! Plan, film, and edit sports video projects while mastering accessible broadcast tools and techniques. Learn on-camera skills, teleprompter use, play-by-play commentary, multi-camera live production, athlete interviews, sports photography, and podcasting. Finish with a portfolio of standout projects and skills that go beyond the game.

5 or 10 Tuesdays @ Bowen | 3:00 PM – 5:00 PM

September 16 - October 21 | \$300

November 18 - December 16 | \$300

September 16 - December 16 | \$540

No class October 28



Space Animations

CinemaKidz | Grades 1 - 4

Plan, build, and film space and Star Wars-inspired stop-motion animations designed to look like Hollywood productions! Get ready to invent and build your own aliens, characters and sets out of wood, wire, paper mache and other materials. Using professional software, you'll film and edit your animated tales and learn how to combine a live action video they film. Design costumes, act in your own projects and finally put everything together for one long-featured project.

6 Mondays @ Mason-Rice | 3:00 PM – 5:00 PM

September 15 - October 27 | \$360

November 3 - December 8 | \$360

September 15 - December 8 | \$648

financial aid

Financial aid is available for all who qualify under NPS Income Guidelines. Apply at newtoncommunityed.org/financial-assistance. Questions? Email nce-scholarship@newton.k12.ma.us.

policies

Access

Our classes are open to everyone from all communities.

We are Inclusive

We welcome students of all races, ages, genders, sexual orientations, gender identities, religions, abilities, statuses, and every other category protected by federal or state law. Our goal is to provide safe, accessible, and comfortable classes for all.

Students Who Need Additional Support

We are committed to an inclusive learning environment for all students, including neurodivergent students and students with other disabilities. Please email nce-staff@newton.k12.ma.us to share any information you feel will help your child to be successful in our classes. Our program coordinator Sarah Housman will reach out to discuss details as needed.

Age Requirements

Adult classes are open to students 16 years of age and older, except where noted online and in the catalog. We do occasionally make exceptions; call the NCE office to inquire. Age requirements for Kids classes are listed per class.

Financial Assistance

We strive to make our classes accessible to all. Financial assistance is available for all Newton residents and NPS students (regardless of residence) who qualify based on the NPS free & reduced lunch income guidelines. A short online form is available on our website. Please apply by September 15 for fall scholarships, January 15 for winter scholarships, and March 15 for spring scholarships. Summer scholarships are on a rolling basis. Priority will be given to applicants who submit all required documentation and apply by the deadline. If you miss the deadline, call the NCE office to inquire if it is still possible for apply for yourself or your child. If you have questions, contact us at nce-scholarship@newton.k12.ma.us.

Changes

We may cancel under-enrolled classes. Occasionally, we may need to change times, dates, or instructors. Any such changes would be communicated with the class. We do not offer refunds for date or instructor changes beyond our control, e.g. rescheduled class dates due to instructor illness or NPS closure.

Gift Certificates

Gift certificates are available in any amount and can be used for any NCE class. Email us at nce-staff@newton.k12.ma.us to purchase one.

Format Change

Should COVID-19 or other circumstances necessitate, a limited number of sessions of your in-person class may be moved online. You will be notified of any such change and no refunds will be offered for temporary format changes. If circumstances necessitate your class be moved online permanently, you will be offered the option for a refund.

Trial Classes and Prorating

We do not offer trial classes at this time. We also do not prorate fees for classes or clubs.

Meeting Links & Supplies

For classes that meet online, we send links via email three business days before class begins. If you did not receive your link or list of class materials, your email server may be blocking our messages. Please check your Spam and Promotions folders. You are responsible for notifying us at least one business day in advance so we can send you all the information you need for a successful class experience.

One Person Per Computer

Your registration in an online class is just for you. Please register individually if more than one person will be using your screen.

Troubleshooting Online Classes

We strongly recommend that you test your meeting platform in advance as we cannot offer refunds for last-minute technical difficulties or late arrivals.

Weather Cancellations

In inclement weather, call our weather hotline at (617) 559-6993 to find out if your class is running. If your class is canceled, we will notify you of the makeup date as soon as possible. We cannot offer separate makeup dates for individual schedule conflicts. We do not provide refunds for weather-related date changes.

Waitlist Status

If the class you want is full, sign up for the waitlist! It's free, and you can always turn down a spot if it's offered to you.

Refunds/Withdrawals

You may withdraw from an Adult class three business days before the start date printed in the catalog, and from a Kids school year class seven business days before the printed start date to receive either a refund minus a \$15 processing fee or a credit-on-account (no fee). Beyond these dates, no credits or refunds will be given. The registration fee is not refundable. Email withdrawal requests to nce-staff@newton.k12.ma.us during business hours; requests that come outside of those hours will be considered on the next business day. There are no partial refunds for student absences or late arrivals.

Transfers

We may be able to offer transfers between classes in the same term for a \$15 processing fee, as long as the transfer is requested before the start of class. For language classes, we do not charge fees for transfers between levels within the first two class meetings.

Registration Fee

We charge a \$9 registration fee per person per session unless registering for a single session class.

Self-Dismissal

Students in the 3rd grade and up can self-dismiss from our classes. Students younger than third grade can be picked up by adults on the authorized pickup list, or by a sibling who is in the 3rd grade and above. Written permission from a parent/guardian is required and can be done through the registration process. Students 6th grade and above are assumed to self-dismiss unless the guardian specifies otherwise.

Behavior Policy

We want all children to be successful and safe in all of our classes. We ask our instructors to be clear with expectations and to deliver curriculum in an engaging way. We ask that students be respectful to their peers, instructors, class materials, and class space whether online or in-person. If your child is exhibiting challenging behavior, we will try to help your child re-engage appropriately. If we are unsuccessful in helping your child re-engage, we will strategize with you about the best way forward and hope to come up with a positive solution, which may include class withdrawal. Refunds are not given to families of children who need to leave a class due to an inability to engage appropriately. We ask students to follow NPS' online practices and guidelines which are found on the NPS website.

Permissions

We may occasionally post student work to our website or take pictures or videos of students in our classes for use in print and electronic promotional materials. Your enrollment in a class indicates your approval for this.

Recording

To preserve privacy, we do not allow students to take video or audio recordings of our classes.

Late Fees

Please respect our staff and pick your child up on time. A fee of \$25 will be charged for each late pickup. After three late pickups, you will be asked to have a conversation with our office staff and action may be taken up to and including withdrawal of your child from the program with no refund.

newton community education

Newton Public Schools
Newton Community Education
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Newton, MA 02460
www.newtoncommunityed.org

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Thank you to **Bank of America, the George & Louise J. Hauser Charitable Trust, The Hamilton Company, The Village Bank, the Rebecca Pomroy Foundation, the Newton Athletic Association**, and all our individual donors for their generous donations to our scholarship fund.

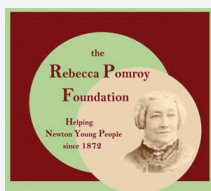
We always need more support! Contact us to contribute to our scholarship fund so more community members can participate in NCE programs.



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——— Louise J.

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